



# BENELUX LINK

January/February 2005

*80th Area Support Group*





Colonel Dean A. Nowowiejski  
80th ASG Commander

## Commander's Column

As we release this first print edition of the **Link**, I would like to share with you our intent to bring you better information across the area supported by the 80th ASG. Our philosophy is to serve the American community in Belgium, The Netherlands, Luxembourg, the northern German states, and to an extent The United Kingdom and France. Our ASG serves the biggest geographic area of an ASG in Europe, as well as these multiple countries. This **Link** is for about 16,000 Americans and host nation partners of the 80th ASG.

Our information to you will come in four major forms, all with a specific intent and time phasing. First, for close in, immediate information, I invite you to frequently check the web site at <http://www.80asg.army.mil>. We work in partnership with AFN SHAPE, and any news items or public notices of activities will appear on their web site as an audio and video click, television or radio spot. The internet is an important quick information enabler in this distributed team, so if you have not invested in internet access, I encourage you to do so. Increasingly, web sites are an important link to home for this community of American ambassadors in northwest Europe.

The next most frequent information source is **The Meteor-Heraut** newspaper, which comes out every other week and is distributed free of charge. I am personally very proud of this information source. We publish themed editions, full of local event information in the near term. I personally write the Nowowiejski Notes in the **Meteor-Heraut**. This is your local interest source.

Phase III of information flow is this magazine, The Link. Brand new, and taking the place of the ASG Newsletter, our intent here is to bring you longer term planning information about the communities in Brussels, Schinnen, and Chievres. We will publish The Link every two months in magazine format. Our first edition was a web edition in November.

As we approach the summer move season, you can expect to see the fourth element of our information campaign, new and upgraded Welcome Booklets for newcomers for each of the 3 major communities supporting NATO HQ, SHAPE, and JFC Brunssum. These will include essential information on how to live and work in our Host Nations, how to get established, and phone numbers to call. These will be patterned on the very fine existing Tri-border Welcome Booklet of the 254th BSB.

Please take advantage of this refined and improved information flow. We don't want you to miss an opportunity to enjoy life here in the extended 80th ASG community because you didn't get the word about an event or area of support.



Lieutenant Colonel Richard S. Richardson  
254th BSB Commander



Lieutenant Colonel Jon Davis  
NSA Commander



Captain Robert A. Arroyo  
HHC Commander



David L. Lucia  
Director, Morale, Welfare, and Recreation



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**NSA**  
**Page 5-8**



**254th BSB**  
**Pages 9-12**



**SHAPE/Chievres**  
**Pages 14-23**



**All Community**  
**Page 24-25**

The 80th ASG, "BENELUX Link" is a bi-monthly community information source and an addition to the Meteor-Heraut for command sponsored and leisure-time activities.

Any questions or comments about this magazine, please contact the 80th ASG MWR Marketing Division at DSN 361-5904 or email [beneluxlink@benelux.army.mil](mailto:beneluxlink@benelux.army.mil).

For more 80th ASG information, please visit <http://www.80asg.army.mil>

There is no US endorsement of any commercial sponsor.

Although the information in the issue is current at time of publication, activities and events are subject to change. Please contact the activity for confirmation.

The 80th ASG Marketing Division is located on Daumerie Caserne, building #5. Articles in this publication written by Kim Wayland and photos taken by Bill Audretsch.

## In this Issue

**Page 4**      **Prepare your car for Winter**

**Page 13**      **Oldest town in Netherlands**  
**Page 24**      **Community Health News**

# Prepare your Vehicle for Winter

Cover photo by: Bill Audretsch



## SHAPE Auto Skills Center

Bldg 324

DSN 423-4693

CIV 065/44.46.93

Open T-Th noon-8 p.m., F noon-6 p.m.

Sa 10 a.m.-6 p.m.

## JFC HQ Brunssum Auto Shop

H402

DSN 364-3173

CIV 045 526-3173

Open T 8:00 a.m.-4 p.m., W 9 a.m.-5 p.m.

Th noon-8 p.m., Fr-Sa 8:30 a.m.-4 :30 p.m.

## NSA Brussels Auto Craft Shop

Bldg 1, NSA

DSN 368-9743

CIV 02717.97.43

Open: W-Th 2-9 p.m.

F 10 a.m.-1 p.m.

Sa-Su 10 a.m.-6 p.m.

Hats are off to those who have prepared their vehicles for the winter months ahead. But for the rest, it is time to remind you that vehicle winterizing is more than good maintenance, it is all about safety.

Although Belgium and the Netherlands are not known for large amounts of snow, both countries are notorious for a much more dangerous condition known as black ice. This is when the road appears to be clear of ice and snow, but in fact it is not, it is covered with ice that is not visible to the driver. Although there is little one can do when encountering black ice, other than practicing good driving technique, you can prepare your vehicle and take the steps necessary to protect yourself and your family during periods of inclement weather. The MWR Auto Skills Centers make it easy and affordable to do so. MWR Auto Skills Centers offer winterizing services for a reasonable price or if you have the time and knowledge, you can do it yourself. What is winterizing? Winterizing is taking key steps to ensure your vehicle is ready for the cold months ahead.

1. Evaluate your tire tread and if there are any tread problems, buy new "all-weather" tires.
2. Ensure fluid levels for oil, antifreeze and windshield wipers are replenished.
3. Purchase new window wipers, blades, belts, spark plugs, and batteries to keep the vehicle running like new.
4. Keep a few items like blankets, water, and snacks in the trunk in case you become stranded.
5. A charged cell phone loaded with plenty of call minutes and emergency numbers is always a good idea.
6. Also a working flashlight with good batteries and maps of the area can help someone pinpoint where you are if stranded.
7. Extra gas coupons or gas cards are always a smart move.
8. Possibly joining a car club like Euro Assistance, similar to AAA from the states, can prevent headaches and provide help when needed. You can sign up for this service at your local FORTIS Bank.
9. Finally, make sure your vehicle First Aid Kit is fully stocked. Look inside the kit to ensure you are familiar with the contents before you need to use it.

*To be winter prepared, never put off winter vehicle maintenance and remember the MWR Auto Skills Center is available to assist. It is affordable and offers basic vehicle care classes that help you become more self-sufficient. Learn from professionals how to change the oil, how to change a flat tire and how to check all fluid levels like brake fluid and antifreeze levels. Make an appointment today!*

**ARMY COMMUNITY SERVICE**

Director's office: Rm 322  
Bldg 4 top floor, NSA  
DSN 368-9721  
CIV 02717.97.21

**Information and Referral Program**

Bldg 4 top floor, NSA  
ACS Information Desk/  
Reception Area  
DSN 368-9783  
CIV 02717.97.83  
Open M-Fr 8 a.m.-5 p.m.

The ACS Information Desk welcomes you as you exit the elevator on the top floor of NSA building 4. Come have your questions answered; pick up community event flyers, copies of the Benelux Link magazine, and Meteor-Heraut newspaper, The Brussels Weekly newsletter and Connection magazine; receive information on NSA agencies; process Makro cards; and sign up for classes!

**Relocation Readiness**

Bldg 4 top floor, Rm 302, NSA  
DSN 368-9729  
CIV 02717.97.29

On Friday, January 14 and February 18 participate in a **Metro Madness Outing**, from 9:30 a.m.-2:30 p.m. Meet at ACS. Learn about the easiest way to travel around the capital of Europe without worrying about traffic and parking space hunting. After learning about the Brussels public transportation system, you will become acquainted with the bus, the tram, the metro and pre-metro. Limited to 10 people so reserve your spot in advance!

**Financial Readiness/  
Army Emergency Relief**

Bldg 4 top floor, Rm 325, NSA  
DSN 368-9698  
CIV 02717.96.98

**ARMY COMMUNITY SERVICE****Newcomers Briefing**

NSA is proud to provide a three day overview of the Brussels area where you live and work. This is held at NSA Bldg 3, Conference Rm. Must sign up in advance!  
DSN 368-9729

Day I: Brussels Agencies and Programs Overview, January 18 from 8:30 a.m.-2:30 p.m.

Day II: Tour of Leuven Hospital, January 19 from 9:30 a.m.-noon.

Day III: Tour of Delhaize in Kraainem, January 20 from 9:30-11 a.m.

**Employment, Deployment  
and Mobilization Readiness**

Bldg 4 top floor, Rm 326 NSA  
DSN 368-9735  
CIV 02717.97.35

Start off the New Year with new job skills! These ACS-sponsored Computer Classes are free but audience is limited to Tri-Mission family members (with ID card) actively seeking employment and willing to learn the basic skills necessary to use computer programs.

Call ACS in advance to register. All classes are held in the Community Computer Lab from 9 a.m. until 1 p.m.

Monday, January 24 MS Word  
Tuesday, January 25, MS Excel  
Wednesday, January 26, MS Power-Point and MS Outlook  
Thursday, January 27, MS Access

**ARMY COMMUNITY SERVICE****Soldier & Family Readiness  
(FAP/ EPC/ EFMP)**

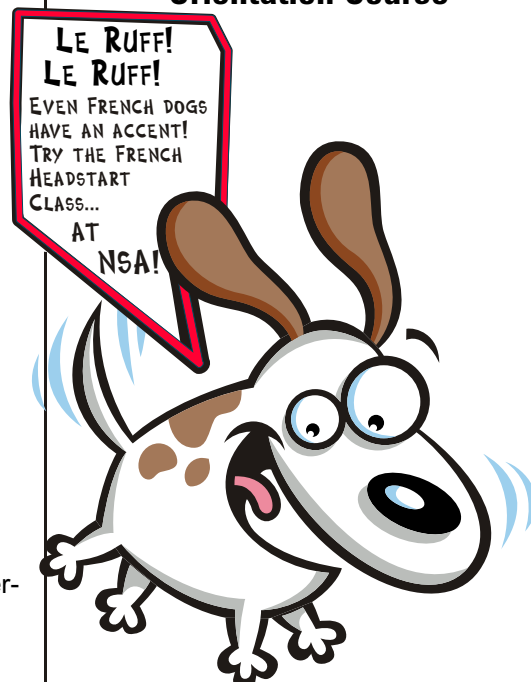
Bldg 4 top floor, Rm 323, NSA  
DSN 368-9693, CIV 02717.96.93

Come to 'Becoming an Emergency Placement Care Provider' presentations in the Bldg 4 Conference room and find out more about this important and caring role, and how you can help support children in need in the community. Please call ACS in advance to sign-up.

Tuesday, January 18, noon-1 p.m. or Wednesday, January 19, 6-7 p.m.

# HEADSTART

**French Language  
Orientation Course**



February 28-March 11  
NSA Education Center  
Building 1  
DSN 368-9704

**Army Family Action Plan (AFAP)**

2005 Brussels Tri-Mission Community AFAP Forum, "As Far As Possible!"  
NSA Bldg 4 top floor, Rm 306, DSN 368-9643, CIV 02717.96.43

The forum will be held on Tuesday, March 8 and Wednesday, March 9 from 8:30 a.m.-4:30 p.m. Do you have an issue concerning the Brussels community and your quality of life –and a suggestion on how to improve it? Complete and drop off an Issue form in one of the AFAP blue boxes located throughout the community by Tuesday, February 15.

The AFAP Forum gives you a voice and an opportunity to improve the quality of life in your community. The AFAP Forum is open to everyone: for the military as well as civilians, retirees, adults and teens. Want to get involved as Delegate, Volunteer Staff, Conference Assistant, Subject Matter Expert, or Observer? Call AFAP today!



## ARMY COMMUNITY SERVICE

### New Parent Support & Education (NPSE) Program

Bldg 4 ground floor, Rm 102  
DSN 368-9684  
CIV 02717.96.84

Come have some fun with your kids and meet other parents. By popular demand and to accommodate more families, the NPSE Program is happy to announce that the Toddler Playgroup is offered twice a week, on Tuesdays and Fridays beginning January 11 from 10 a.m.-noon in the CYS multipurpose room.

### Toddler Playgroup

Tuesdays, January 11, 18, 25 and February 1, 8, 15, 22 and March 1.  
Fridays, January 14, 21, 28, February 4, 11, 18, 25 and March 4.

### Army Volunteer Corps

Bldg 4 top floor, Rm 306  
DSN 368-9679  
CIV 02717.96.79

The Brussels Tri-Mission Community has a wealth of opportunities to help you get out there and make a difference! Volunteering is a great way to develop skills in a new area, gain work experience, improve your résumé or college application, or just have fun and meet other people.

### Volunteer Advisory Council

The Council is scheduled to meet on January 11 from 1-2:30 p.m. in the DCA Conference room in building 4. For more info, call DSN 368-9679. Find your niche, volunteer! Are you new to the Brussels Community? Found where you fit yet? Volunteering is a great way to meet new people and find your place in your new home. Of course we're not excluding those who have been here a while!

There are many new and interesting jobs to discover and at the same time, make a difference in your community. Currently, we are looking for volunteers in the CLO office, in ACS Financial Readiness, the Youth Sports Program, the Fitness Center, the Thrift Shop, an AFAP Conference Assistant, a BAS International Dinner Committee Chairperson and many more! For more information contact the NSA Volunteer Coordinator/AVC.

## NSA Education Center

-through January 14 register for UMUC Term III. Term III begins January 17



### NSA Education Center Bldg 1, DSN 368-9704

-CLEP, DANTES, ECE tests  
January 19, February 2, and  
February 16 beginning at  
8:30 a.m.

### MULTI CRAFT CENTER

Bldg 1, NSA  
DSN 368-9629  
CIV 02717.96.29  
Open: W & Th 2-9 p.m.,  
Fr 10 a.m.-1 p.m., &  
Sa-Su 10 a.m.-6 p.m

### ARTS AND CRAFTS

#### Art of Jewelry Making

Classes held every Wednesday at 6 p.m. The cost is \$12 (materials not included). When you sign up for the first class, receive a free pair of pliers.

#### Framing

Classes are held every Thursday from 2-6 p.m. Do it yourself framing classes are now in session. Cost for class including mat, backboard, glass, and instructor time is \$30. How about framing those cute school photos?

#### Prints & Tapestries of Brussels

Available for purchase, new prints along with new tapestries of Brussels. This is the perfect gift. Items cost from \$15-\$63.

## ARTS AND CRAFTS

### Engraving Service

Engraving is available all year. All you need to do is bring a note of what you would like engraved. No appointment is needed, just bring the item along when the center is open.

### Art Restoration Service

Service is available all year round. All you need to do is bring in a painting you would like restored, or even re-stretched onto a new frame. No appointment is needed, just bring the item along when the center is open.

### CERAMIC SHOP

Open on Wednesdays & Thursdays from 10 a.m.-3 p.m., and Saturdays from 10 a.m.-5 p.m.

### Children's Basic Ceramics

A fee of \$20 includes instruction, use of in-house slip, tools and paints. This is an opportunity not to be missed. Please call to schedule an appointment.

### Children's Arts and Crafts Birthday Party

How about a birthday party in the ceramic area? Fee is \$10 per child for the first six children. The seventh, eighth, ninth, and tenth child are free. The maximum allowed for the party is ten children.

### Adult Basic Ceramics

For a fee of \$30 receive ceramic instruction, a two gallon box of slip, in-house tools and paints. Adult Basic Ceramic Classes are held on Sundays, January 9, 16, 23, and 30 from 10 a.m.-3 p.m., by appointment only. Next Basic Ceramic Pouring sessions will be Sundays, February 6, 13, 20, and 27, as well as March 6, 13, 20, and 27 from 10 a.m.-noon and 2-4 p.m. Please call us in advance.

**MULTI CRAFT CENTER****AUTO CRAFT SHOP**

Bldg 1, NSA  
DSN 368-9743  
CIV 02717.97.43

Open: W-Th 2-9 p.m.  
Fr 10 a.m.-1 p.m., and  
Sa-Su 10 a.m.-6 p.m.

**Motorcycle Automotive Classes**

Class held every Tuesday from 7-9 p.m. Cost is \$45 for a six-week course which is 'made to order' for the customer. Advance sign-up is required.

**Automotive Classes for Dummies**

Classes held every Thursday from 7-9 p.m. Cost is \$25. Classes are designed to show you general maintenance and general dynamics of your vehicle. Advance sign-up is required.

**Vehicle Winter Check Service**

Be prepared for the winter months by using this service available until the end of February. The cost is \$30. Your vehicle is given the full check over. Make sure your vehicle is good for the winter rain, snow and ice. Contact the NSA Auto Shop to schedule an appointment.

**OUTDOOR RECREATION**

Bldg 4, Rm 303, NSA  
DSN 368-9775  
CIV 02717.97.75  
*(No trips in January and February planned because of anticipated bad weather. An event may be planned for Valentine's Day, details not available yet. Outdoor Recreation trips resume in March 2005: see below.)*

**Delft Blue Pottery Workshop**

*For the artists among you!*  
Come join us Saturday, March 5 on a trip to the Royal Blue Delft Factory and participate in painting a Delft tile under the supervision of one of the professional Delft painters. The bus will leave in the morning from Sterrebeek and return in the same evening. Price is \$75 and includes both transportation and workshop participation fee. Please register in advance.

**OUTDOOR RECREATION****See Paris in the Spring**

Upon arrival on Saturday March 19 our bus will first drive you for an hour and a half by the Moulin Rouge, Opera, place de la Concorde, Champs Elysees, Arc de Triomphe and Eiffel Tower, the Palais du Louvre, Ile de la Cite, and pass by the Cathedral of Notre-Dame. Then Paris is all yours for exploring until the evening when we head back to Brussels. Prices are \$45 for adults and \$39 for children. Please sign up in advance by calling Leon.

**Visit both Keukenhof and Delft**

On Saturday March 26 we will take you on a combined one-day trip to The Netherlands. We'll stop in the city of Delft where we'll visit the famous Blue Pottery Factory in the morning. We'll arrive in the afternoon at the breathtaking tulip fields of Keukenhof, the largest spring flower garden in the world, until our return to Brussels in the evening. Cost is \$55. Advance sign-up is required.

**LIBRARY**

Bldg 4, NSA  
DSN 368-9791  
CIV 02717.97.91  
Open T-Th 10 a.m.-6 p.m.,  
Fr noon-7 p.m., Sa 11 a.m.-5 p.m.,  
Su 12 noon-5 p.m.

**SPORTS & FITNESS CENTER**

Bldg 3, NSA  
DSN 368-9667  
CIV 02717.97.91

Open: M-Fr 6 a.m.-8 p.m., Sa-Su and Holidays 9 a.m.-5 p.m.

**Run for Your Life Program**

This program is designed to encourage fitness through running. Participants run at their own pace on their own time-line and log their miles with the Fitness Center.

Patches are provided to participants who meet the 100, 200, 300, 400, 500, 750, and 1000 mile markers. Individuals must be 18 to participate.

**MEDEX Training**

Call to schedule an appointment for a one-on-one training. Individuals must be 18 to participate.

*Vehicle Winter  
Check...see  
article on  
page 4.*



**Do not get left behind in the winter!**

**NSA WOOD SHOP**

Located in the Multi Craft Center.  
Open: W noon-8 p.m.,  
Fr 9 a.m.-6 p.m.,  
Sa-Su 10 a.m.-6 p.m.

Sign up for the wood shop safety instruction class, costs \$11. This class must be completed before using the wood shop. After the class, you may use the wood shop facility at a small charge of \$4/hr.

Next safety class is scheduled for January 12, 19, 26 from 2-9 p.m. and February 2, 9, 16, 23 from 2-6 p.m.

**OUTDOOR RECREATION**

DSN 368-9775

**Welcome to Amsterdam**

Discover almost everything that Amsterdam has to offer: the Anne Frank's house, the famous Rijksmuseum, or the Van Gogh museum on Saturday March 12. You can also tour the city by Canal Boat, which stops at all the above-mentioned locations. Cost is \$45 for adults and \$39 for the kids under 12 years of age.

## THREE-STAR LOUNGE

Bldg 1, NSA  
DSN 368-9732, CIV 02717.97.32  
Open: Th 7 p.m. – midnight,  
Fr 5 p.m.-1 a.m., Sa 7 p.m.-1 a.m.  
and Su 7-11 p.m.

Open to all Tri-Mission ID card holders and accompanied guests 18 and older (minors are permitted for family nights only).

### Thursday Movie Nights

Free popcorn and movie starts at 7:15 p.m. on Thursdays. And all Thursdays in January, movie night includes half-price pizza.

### Right Arm Night

January 7 and February 4 from 5-7 p.m.  
Free chicken wings while they last.

### Sunday Football Nights

January 9, 16, 23, 30, doors open at 7 p.m.

### Dart Night

January 14 and  
February 11, 25 at 9 p.m.

### Karaoke Night

January 15 and  
February 19 at 9 p.m.

### Pool Tournament

January 21, 9 p.m.

### Country Western Night

January 28 and February 25

### Seafood Night

On January 22, beginning at 7:30 p.m. Come enjoy Shrimp, Fish, and Crab, with sides for \$15 a plate. Make sure you buy your tickets by 10 January 2005!

## Three Star Lounge Super Bowl Party



## February 6

The party begins at 7 p.m. and goes until the Super Bowl is over!

Finger-food will be available during the Super Bowl.

A breakfast will also be available for \$5.  
Children are welcome!

### Three Star Lounge

## Valentine's Dance February 12 7-9 p.m. DSN 368-9822

This Valentine's Dance is a romantic night of dancing for adults only. Tickets will be \$10 per couple.

This includes  
a glass  
of wine for  
each, finger-food  
and a chance  
to win door prizes!

Doors of Three-Star Lounge open at 9 p.m.

Check out  
[www.brussels.army.mil](http://www.brussels.army.mil) for  
more community  
information.

### Volunteers Needed

The Brussels American Community has many volunteer opportunities. Volunteering is a great way to develop your skills, gain work experience, improve your resume or college application and to make a positive impact in the community. Contact the NSA Brussels Volunteer Coordinator at 02717.96.79 for more information.

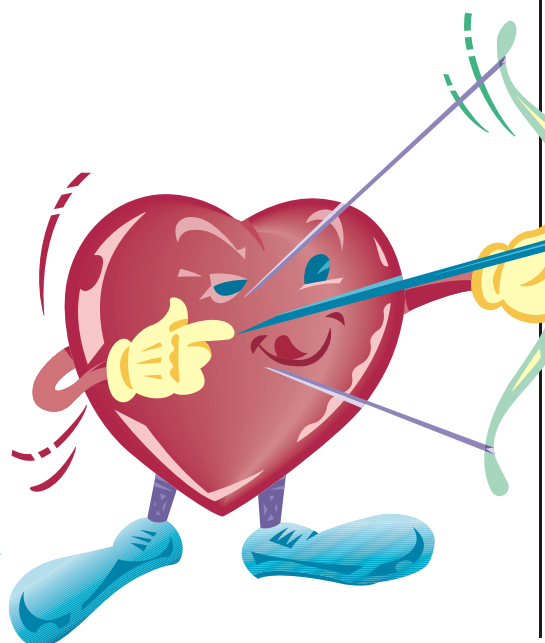
### Child and Youth Services (CYS)

Central Registration is open Mondays, Tuesdays, Wednesdays and Fridays from 9:30 a.m.-1 p.m.

Registration for SAS and Middle School/Teen after school programs is ongoing at the NSA Youth Center. For more information about available programs, contact Youth Services at 02717.96.47 or 9651.

### Youth Services

Youth Services offers many great sports for your children to participate in, including basketball, flag football, soccer and softball. Contact YS at 02717.96.49 for information on available programs.





**ARMY COMMUNITY SERVICE**

Bldg 39, Schinnen  
DSN 360-7500/7367/7355  
CIV 046 443-7367 or 7355  
Open M-Fr 8-4:30 p.m.

Please give ACS a call to sign up for the following classes:

**Family Member Employment**

Bldg 39, Schinnen  
DSN 360-7269  
CIV 046 443-7269  
Open M-Fr 8 a.m.-4:30 p.m.

**Finding Employment Workshop**

This workshop is scheduled for Tuesdays in January and February from 10 a.m.-noon.

**Hands on Resumix/Resumes**

Workshop is scheduled for Tuesdays in January and February at the ACS Resource Center from 2-4 p.m.

**Relocation Readiness**

DSN 360-7512, 046 443-7512  
ACS Conference Room, Schinnen

**Newcomers Briefing**

On January 14, 28, and February 25 8:45 a.m.-3:30 p.m. at the ACS Conference Room, learn about Schinnen and the surrounding area.

**Sponsorship Training**

On January 26 at 2 p.m., learn how to become a more helpful sponsor.

**Foreign Born Spouses Briefing**

Briefing is open to any U.S. Military spouse who would like to learn more about American Military culture and the English language. Give ACS a call to find out details on the next class.

**Family Advocacy Program (FAP)**

Bldg. 39, Schinnen  
DSN 360-7453  
CIV 046 443-7453  
Open M-Fr 10 a.m.-6 p.m.

**Child Safety Class**

Learn to recognize the impact and indicators of too much stress in your child's life. In this class, learn techniques used to alleviate stress. On January 5, 12, 19, 26; February 2, 16, 23; and March 2 at ACS from 1-3 p.m.

**ARMY COMMUNITY SERVICE****Couples Communication Course, "Love and Logic"**

Learn new techniques and skills to enhance and promote better communication between you and your spouse.

January 25, 26 at ACS from 6-8 p.m. and February 12, 19 at ACS from 9 a.m.-2 p.m.

**Anger Management Class**

Life feeling overwhelming? Let ACS help manage the stress in your life. This class is scheduled for January 6, 13, 20; February 3, 10, 17, 24; and March 3 at the ACS conference room from 10 a.m.-noon.

**Managing Difficult Teenagers**

Sign up for this workshop on January 14 and 28 from 3-5:30 p.m. at the ACS conference room.

**LIBRARY**  
**Bldg 201, JFC**  
**HQ Brunssum**

**Open:**

**T-W 10 a.m.-8 p.m.**  
**Th-Fr 10 a.m.-6 p.m.**  
**Sa-Su noon-4 p.m.**

[www.afnorthlibrary.army.mil](http://www.afnorthlibrary.army.mil)

**Deployment Mobilization Program**

Bldg 39, Schinnen  
DSN 360-7451 CIV 046 443-7451  
Open M-Fr 8 a.m.-4:30 p.m.

**Coffee Hour for Families of Deployed Soldiers at ACS.**

Enjoy some adult conversation and time of relaxation with occasional guest speakers. Join ACS on January 12, 26 and February 9, 23, from 10 a.m.-noon.

**Army Volunteer Corps Coordinator (AVCC)**

Bldg. 39, Schinnen  
DSN 360-7451 CIV 046 443-7451  
Open M-Fr 8 a.m.-4:30 p.m.

**VOLUNTEER! Be a hero.**

In the March issue of the Link, look for details on who was selected Volunteer of the Quarter for Oct/Dec 2004.

**ARMY COMMUNITY SERVICE****Army Family Team Building (AFTB)**

DSN 360-7335 CIV 046 443-7335  
All classes are held in the ACS Conference Room. Please call to register.

**Resolution Power**

January 5, 7-9 p.m.

**AFTB 201**

January 11, 10 a.m.-noon

**STOP! Where Do We Go From Here?**

January 19, 1:30-4:00 p.m.

**Getting to Know You**

January 24, 9 a.m.-2:30 p.m.

**AFTB Instructors Training**

January 19-20, 9 a.m.-3p.m.

**I've Got That Loving Feeling**

Part 1, February 2, 1:30-4 p.m.

**Loving Feeling, Part 2**

February 8, 1:30-4 p.m.

**AFTB 101**

February 16, 9-noon

**Follow the Leader**

February 28, 9 a.m.-1:30 p.m.

**Financial Readiness Programs**

Classes held in the ACS Conference Room  
DSN 360-7450  
CIV 046 443-7450,

**Financial Focus Class**

On January 12 at 9 a.m.

**Two part check writing class for first term soldiers.** Every second Wednesday of the month from 10-11:30 p.m.

**Part 1** is a basic class of instruction on check writing and checkbook record keeping. Bring your checkbook and/or electronic banking links.

**Part 2** is a financial readiness class for all junior enlisted soldiers (E-4 and below). Learn tips on how to stretch your dollars.

**Financial Readiness Class**

On January 19 at 10 a.m. Class provides members and their families with personal financial education on banking and credit union services, budget development, record keeping, debt liquidation, credit, consumer rights and obligations, and insurance.

**Financial Management Class**

On January 25 at 1 p.m. A class on solving and relieving the post-holiday bills blues from overwhelming you.

## Planning a journey

For pre-departure information on your train journey, the "Planner Plus" feature on the Dutch railways website [www.ns.nl](http://www.ns.nl) is hard to beat. Plug in your information and you receive important travel details, like where the train station is located in relation to your destination.

The train is the best way to travel around the Netherlands. The system, run by Dutch Railways, is one of the best in Europe.

One thing to point out, you should know that you can not pay for your train ticket with a credit card or a foreign debit card. Ticket desks only accept Euro cash or the Dutch "PIN" pass debit card. And if you are going to be using a ticket machine, machines accept coins only, not banknotes.

Motor / Vehicle organization similar to the US AAA is and organization known as ANWB. You can reach them at 0800 0503 or [www.anwb.nl](http://www.anwb.nl).

### New Parent Support Program (NPSP/ACS Program)

DSN 360-7335  
CIV 046 443-7335

#### Infant Massage Class

Come meet others at the Schinnen ACS Conference Room and learn the benefits of massage for you and your child. The Infant Massage classes are on January 4, 18; February 1, 15; and March 1 at 10 a.m.-noon.

#### Playgroup For Toddlers

An interactive and educational playgroup designed to develop parenting skills and gives parents and kids a chance to socialize. On January 6, 13, 20, 27, February 3, 10, 17, 24 and March 3. Playgroup for toddlers meet at the Schinnen Sports Center from 9:30-11:30 a.m.

#### OB Orientation/Prenatal Education

This class is scheduled on January 11 and February 8 at the GK Clinic conference room from 10 a.m.-noon.

#### La Leche League

Dedicated to providing education, information, support, and encouragement to women who want to breast feed. The next class is scheduled for January 19 at Schinnen ACS conference room from 10-11 a.m.

Programs that fall on US holidays will be canceled.

### Days of the Week and other times from English to Dutch

Sunday	Zondag
Monday	Maandag
Tuesday	Dinsdag
Wednesday	Woensdag
Thursday	Donderdag
Friday	Vrijdag
Saturday	Zaterdag

Yesterday	gisteren
Today	vandaag
Tomorrow	morgen
Year	jaar
Month	maand
Week	week
Day	dag
Hour	uur
Minute	minuut

### CHILD AND YOUTH SERVICES CENTRAL ENROLLMENT AND REGISTRATION

Treebeek Education Center  
DSN 364-6221 CIV 045 563-6221  
Open M-Fr 8 a.m.-noon  
for walk-ins and 1-5 p.m.  
Closed for lunch from noon-1 p.m.

When registering your child, please bring the following items with you:

Completed Registration Packet  
(if you need one please stop by the office)  
Child's Social Security Number,  
Two Emergency Contact Numbers,  
Current Health Assessment, and  
an Updated Shot Record.  
Registration Fee  
(\$15 per child or \$35 per family)

### Child Development Center (CDC)

H501 JFC HQ Brunssum  
DSN 364-2575 CIV 045 526-2575,  
Open M-Fr 7 a.m.-6 p.m.

#### Youth Services (YS)

Bldg H603, JFC HQ Brunssum  
DSN 364-3008; CIV 045 526-3008  
Open: M-Fr 3:30-6 p.m. (after school) and 8 a.m.-6 p.m. (non-school days).  
Youth in grades 6 thru 12 must be registered as YS members and the annual fee is \$15.

#### YS GRAND OPENING

January 2004, Specific date and time details to come. Stop by and celebrate the additional space at YS. Updated furniture, electronic equipment, video/table games, AFN TV, and much more. And wow... how about our new computer/homework lab?

### We're Pleased to Announce!

On December 4, Tracie Carmichael, 254<sup>th</sup> BSB Family Child Care Provider, received her Child Development Associate Credential from the Council for Professional Recognition. This council works to improve the professional status of early childhood workers and helps to meet the growing need for qualified child care staff. This is a prestigious credential awarded after intense preparation, tests, and interviews by council representatives. Tracie has been an FCC Provider with the 254<sup>th</sup> BSB since April 2003. Congratulations Tracie!

**254th BSB Sports Program**

Bldg H603, JFC HQ Brunssum  
DSN 364-2023  
CIV 045 526-20.23  
M-Fr 9 a.m.-5 p.m.  
Must be registered through Central  
Registration in Treebeek.

**Wrestling Registration**

Ends January 18 at the Treebeek  
Central Registration Office.  
Registration (annual fee) is \$15 plus  
there is a sports fee of \$20.

**Basketball Season Registration**

runs through January 7. The season  
begins January 8.

**Youth Activity Sports Fees**

There is a \$15 annual registration fee.  
Individual sports fees are as follows:  
Basketball Sports Fee = \$30  
Cheerleading Sports Fee = \$20  
Wrestling Sports Fee = \$20

**COMMUNITY RECREATION****Bowling Center**

Bldg 40, Schinnen  
DSN 360-7207  
CIV 046 443-7207  
Open W-Sa 11 a.m.-9 p.m.,  
Su 11 a.m.-6 p.m.

The Bowling Center offers a  
12-lane house with Cosmic Bowling,  
bowling leagues, open bowling, and  
a youth bowling program. All US  
and JFC ID cardholders  
are WELCOME!!!

**Cosmic Bowling**

Every Friday at 6 p.m.

**Family Bowling**

Scheduled for Sunday, Jan. 9  
and February 6 from 1-3 p.m.

**HARRY'S BBQ**

Bldg 40, Schinnen  
DSN 360-7527  
CIV 046 443-7257  
Open W 11 a.m.-8 p.m.,  
Th-Fr 4-8 p.m.,  
Sa 11 a.m.-6 p.m.  
Su noon-4 p.m.

**PIN POINT CAFÉ**

Bldg 40, Schinnen  
DSN 360-7527  
CIV 046 443-7527  
Open W-Fr 11 a.m.-8 p.m.,  
Sa 9 a.m.-6 p.m.

**INDOOR SWIMMING POOL**

Bldg H605, JFC HQ Brunssum  
Located next to the Arts and Crafts  
Center and the Tennis Courts  
DSN 364-3172 CIV 045 443-3172  
Open

**Adult Lap Swim**

M-Fr 7-8 a.m. and noon-2 p.m.

**Public/Family Swim**

T-Fr 3-6:30 p.m.,

Sa-Su noon-4 p.m.

Enjoy the indoor pool or take  
advantage of a variety of  
instructional classes. Catered  
parties and special events are  
available for a nominal fee. The  
pool and sauna are available for  
rental for private parties on  
Fridays from 7-9 p.m. and on  
Saturdays and Sundays  
from 4-6 p.m.

**Scuba Diving Classes**

Mondays 3:15-6:30 p.m. and  
7-8:30 p.m. Must register and  
pay required fees in advance.

**Water Aerobics**

Mondays 5:30-7 p.m.  
Wednesdays 8:30-9:15 a.m.  
For info, call 0049 2451.71.72.06

**International Swim Team**

T-Th 6:30-8:30 p.m.  
For info, call 045 532-6717

**AUTO HOBBY SHOP**

JFC HQ Brunssum  
DSN 364-3173 CIV 045 526-3173  
Open T 8 a.m.-4 p.m.  
W 9 a.m.-5 p.m.,  
Th noon-8 p.m.,  
Fr-Sa 8:30 a.m.-4:30 p.m.

**SATO TRAVEL**

Schinnen  
DSN 360-7385 CIV 046 443-7482  
Open M-W and Fr 8 a.m.-5 p.m.,  
Th 8 a.m.-8 p.m..

**TAX RELIEF OFFICE**

Bldg. 46, Schinnen  
DSN 360-1780; CIV 046 443-1780,  
Open M-Fr 8 a.m.-4:30 p.m.  
Closed US Holidays

**ALLIANCE MOVIE THEATER**

JFC HQ Brunssum  
DSN 364-2110 CIV 045 526-2110  
Open Fr-Su. Box Office Opens 6:30 p.m.,  
Movie at 7 p.m.,  
Saturday Matinee at 4 p.m.

Also coming soon to the ALLIANCE  
THEATER, enjoy the Alliance Players  
production of "Frankenstein the Panto".  
February 4-6. Ticket on sale at  
Hive, UKDSU, UK Dental  
Centre 2293, and US Medical  
Center 993344. For more  
information please visit:  
[www.allianceplayers.com](http://www.allianceplayers.com)


Spring auditions on January 16 and 17  
for two productions, "Love Letters" and  
"Plaza Suite" at 6 p.m.

**Coming soon...****Love-Letters**

February 11, 12 at 8 p.m.  
February 13 at 6 p.m.  
Look for more details

Enhance your Life Strategies with

# Stress Management



Learn relaxation techniques through fun exercises  
YOU can practice anywhere!

Classes held on  
1, 8, 15, & 22 Feb. 05 1 to 3p.m.  
ACS conference room, Bldg. 39

Call and register today  
DSN 360-7367 / CIV 046-443-7367

**FITNESS CENTER**

Bldg 38, Schinnen  
DSN 360-7561  
CIV 046 443-7561  
Open M-Fr 6 a.m.-8 p.m.,  
Sa-Su & Holidays 9 a.m.-5 p.m.

**Taebo / Kickboxing**

Mondays and Wednesdays  
from 6-7 p.m.

**Step Aerobics**

Tuesdays and Thursdays  
from 6-7 p.m. Rather take a class  
during the day...get fit at the JFC  
HQ Brunssum Fitness Centre. with  
step aerobics every Tuesday and  
Thursday from 9-10 a.m.

**Body Balance**

Thursdays from 5-6 p.m.



**CUSTOM FRAME CENTER**

Bldg H607, JFC HQ Brunssum  
DSN 364-2454  
CIV 045 526-2454

**Custom Framing**

Custom Frame Center has ready-made frames and mats in many sizes and styles for immediate pick up. Come and check out our new frame and mat selections. We will be happy to special order that perfect frame and help showcase your pictures, prints and posters. We also offer dry mounting and laminating, shrink-wrapping and can suggest the best way to preserve and frame your treasures.

**Design Your Own Tattoo**

Over 1,000 different tattoo designs to choose from. After you have designed your tattoo, we can refer you to a very talented certified tattoo artist who will assist you in making your dream a reality.

**Assorted Posters for Sale**

We now have over 65 different standard-sized posters for sale in the Custom Frame Shop. The posters are mainly thematic color illustrations...space ships, dinosaurs, rockets, plants, whales, sharks, flowers, trees, and famous artists' lives, in paintings and text. All of the posters are €5 Poster rolled, ask about custom designed framing costs.

**NEW!! NEW!! Hand Painted Egyptian Papyrus for Sale**

We now have 14 different sized papyrus for sale in the Custom Frame Shop. The papyrus are mainly thematic color paintings.

**Book Binding in Linen and Leather Workshop**

Sign up for this 9 hour class and learn the rare art of book binding from a Meister Bookbinder. Finish two books in linen and leather. €37 (includes all materials) Come to the craft shop to see beautiful examples.

**Book Restoration Class**

Do you have an old family Bible or an other old book that needs to be restored? Sign up for this 3 hour class and learn the rare art of book restoration from a Meister Bookbinder! You will finish a book that you bring. Materials, if needed, will cost extra. Please come to the craft shop to see the beautiful examples. Fee €7.

**Big January Frame Sale!**

**10% off any in-stock frames**

**ARTS & CRAFTS CENTER**

Bldg H607, JFC HQ Brunssum  
DSN 364-2454 CIV 045 526-2454  
Open T-Th 10 a.m.-5 p.m.  
W 10 a.m.-5 p.m. and 6-9.30 p.m.,  
and Su 1-5 p.m.

**Ceramics**

Over 2,400 molds (380 new molds) to choose from. Pour greenware and bisqueware.

**NEW TO THE CERAMIC SHOP**

To use facilities, complete the beginner ceramic pouring class offered on Wednesdays by appointment. Appointments available Wednesdays 10 a.m.-noon and 6-7 p.m. Fee €15. Gary & Don instruct you on mold and tool use and cleaning techniques. Complete this class and receive a firing number that allows access to the facility.

**Basic Ceramic Painting Class.**

Sign up to learn three different painting styles including glazing. Please bring item to paint in class. Class on Tuesdays, 10 a.m.-noon; other hours by appt. Fee €11.

**Ceramic Mosaic Workshop**

Three-hour class. Sign-up for Friday class from 3-5:30 by appt. Fee €11, includes materials.

**New!! Gem Tree Class**

Sign up for Wednesday class from 3-5 p.m. by appt. Fee €11 includes all materials and the instruction to make a wonderful gift.

**NEW! NEW! Fly Fishing Fly Tying**

Class every Wednesday from 6-8 p.m.

**Rubber Stamp Art**

We have a wide selection of stamps and other materials in our store. Sign up for classes taught by our NEW rubber stamp art instructor, Teri Ryan. Welcome Teri!

**ARTS & CRAFTS CENTER**

Rubber Stamping Class  
Tuesdays or Thursdays from 7-9 p.m. By appointment, €11.

**FILM PROCESSING**

Meeting all your photo processing needs...new Kodak processing up and running! Drop photos at the Arts and Crafts Center or in the lobby of the Library building. Photos ready for pick up in three working days.

**CLASSES**

To reserve a spot in the following classes, call DSN 364-2454.

**Fine Art Thursdays**

10 a.m.-noon  
Painting: (Oil, Acrylic, Egg Tempera, and Watercolor)  
Drawing: (Pencil, Oil Pastel, Chalk Pastel, and Charcoal)  
Call to sign up! Each 2 hr class is €11.

**Scrapbooking** on Wednesdays  
NEW! NEW! Creative Memories Workshops (Scrapbooking)  
10 a.m.-noon.

**Stained Glass Class**

For €11 and one stained glass item, you learn about lead and Tiffany styles.

**Dry Brush Painting**

Learn or improve your dry brushing technique. Be sure to bring an item to class. Tuesdays, 10 a.m.-noon or by appt. Fee €11.



## Oldest Town in the Netherlands

MAASTRICHT made world headlines in 1992, with the signing of the Maastricht Treaty. The treaty created the European Union. With cobbled streets and fashionable boutiques in the old town, contemporary architecture in the Ceramique district, and excellent cuisine, Maastricht is one of the most vibrant cities in the Netherlands.



Keen to promote itself as the oldest town in the Netherlands (a title mildly contested by Nijmegen), Maastricht was first settled by the Romans, who took one look at the River Maas and dubbed the town Mosae Trajectum or “Crossing of the Maas.”

Maastricht is a popular day-trip destination for the Dutch, Belgians and Germans, who hop over the borders to fill the all-year pavement cafes for which Maastricht is renowned.

### *Looking for the triple V or VVV.*

*Once in the Netherlands, almost every town you visit will have a tourist office, universally known as a VVV (pronounced fay-fay-fay), with a distinctive triangular logo. In towns, the VVV is usually either in the centre, often on the Grote Markt (the main square), or by the train station. And the staff at the VVV are helpful and speak excellent English.*

## Netherlands Public Holidays

Jan 1 New Year's Day  
Good Friday (many shops open)  
Easter Sunday and Monday  
April 30, Queen's Day  
May 5, Liberation Day  
Ascension Day  
Whit Sunday and Monday  
Dec 25, Christmas Day  
Dec 26

### February Events

Mid to late February.  
Bovenkarspel-Holland  
Flowers Festival; the worlds  
largest covered flower show  
held over ten days.  
[www.hollandflowersfestival.nl](http://www.hollandflowersfestival.nl).  
Late Feb/Early March.  
Carnival in Maastricht.  
[www.cybercomm.nl/-karneval](http://www.cybercomm.nl/-karneval)



*Public Holidays (Nationale feestdagen) are celebrated throughout the year. The most celebrated of the holidays is Queen's Day on April 30, when the Dutch indulge in the equivalent of a national flea market; tradition dictates that each household sells all the junk it has accumulated over the past year on the streets.*



**ARMY COMMUNITY SERVICE**

Bldg 318, SHAPE  
DSN 423-5324 CIV 065/44.53.24  
Open M-W, Fr 8 a.m.-5 p.m.  
Th 8 a.m.-3 p.m.

**Sponsorship Training**

Bldg 318, ACS, SHAPE  
DSN 423-4332 CIV 065/44.43.32  
Be the best sponsor that you can be by attending this class and learning all the basics, January 5, February 2, and March 2 at 10 a.m.

**Make the Right Move**

Bldg 318, ACS, SHAPE  
DSN 423-4332 CIV 065/44.43.32  
Are you prepared for your next PCS move? Attend this class on January 5, February 2 and March 2 at 2 p.m. and make this your best PCS move ever.

**Cultural Adaptation Trip**

Bldg 318, ACS, SHAPE  
DSN 423-4332 CIV 065/44.43.32  
Learn about the Belgian culture; visit and shop at a discount warehouse. If you are interested, give ACS a call today to find out details on the next trip scheduled for Saturday, January 15 and February 12.

**80th ASG Newcomer's Brief**

Hotel Le Maisieres, across from the SHAPE Main Gate  
DSN 423-4332 CIV 065/44.43.32  
Learn all about the BENELUX SHAPE/Chievres military community and all that is available to you on Wednesday, January 11 and February 9 at 8:30 a.m. in the W.E.B. office in Hotel Le Maisieres. Active Duty, Civilians and Family Members are welcome to attend. A free complimentary lunch is provided by United Furniture.

**Take the Bus**

Hotel Le Maisieres  
DSN 423-4332 CIV 065/44.43.32  
On Wednesday afternoon, following the 80th ASG Newcomer's briefing, join ACS on January 11 and February 9 at 1:30 p.m. (meet at Hotel Le Maisieres) for an introduction to the Belgian bus system.

**Take the Train**

Bldg 318, ACS, SHAPE  
DSN 423-4332 CIV 065/44.43.32  
On Friday, January 27 and February 25, let ACS teach you how to use the Belgian train system. Sign up today. Children welcome.

**Anger Management Course**

Bldg 318, ACS, SHAPE  
DSN 423-5263 CIV 065/44.52.63

Is your life sometimes overwhelming and are you at a breaking point? Attend a four-day class held once a week on Tuesdays from 9-10 a.m. Classes scheduled January 11-25, February 8-22 and March 1-22. Contact ACS to sign up for this life-skills training class now and improve you and your loved one's quality of life.

**LEARNING ABOUT BELGIUM (LAB)**

BLDG 209, SHAPE  
DSN 423-4269

Gain valuable knowledge about the country of Belgium. This three day class is free and Laurie Bach, your instructor, will review Belgian history, geography, the monarchy, the economy, social customs, the official languages, tipping, shopping, local medical facilities and much more.

**Next Class**

February 14, 15, and 17  
Three half-day classes.

Call today to sign up for this great class.

**Weights & Measures**

The metric system is used in Europe, which means that Units are measured in Meters or kilograms. The following conversions may prove useful.

**Weight/volume:**

28 grams (g): 1 ounce (oz)  
1 kilogram (kg): 2.2 pounds (lbs)  
1 liter (l): 1.76 pints (pt)

**Distance:**

1 centimeter (mm): 0.39 inches  
1 meter (m): 3.28 feet (ft)  
1 kilometer (km): 0.62 miles  
8 kilometers: 5 miles

**Thinking about finding a Job?**

Before you do, sign up and attend the Army Community Service class, "Job Opportunities Workshop."

This class is free and open to the entire SHAPE community. This workshop shows you how to apply for military community jobs and provides you with the tools that you need to work in the BENELUX.

**Job Opportunities Workshop**

Bldg 318, Rm 118, SHAPE  
DSN 423-4904 CIV 065/44.49.04  
Every Wednesday morning from 9 a.m. to noon. Pre-registration is required to attend the briefing.

**Want to work at Chievres?**

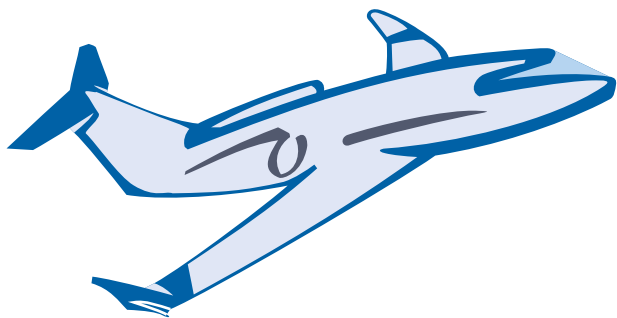
MWR Jobs. Go to the following website  
<http://www.chrma.hqusareur.army.mil/>  
or for AAFES  
<http://www.aafes.com>

**Want to work at SHAPE?**

MWR Jobs - For a complete listing of jobs, visit [www.shapeonline.net](http://www.shapeonline.net) or stop by the SCSF Personnel Department located on SHAPE in building 207, room 109 or give them a call at DSN 423-4075.



## USAF FAMILY SUPPORT CENTER



**Bldg 230, SHAPE, DSN 423-8010, CIV 065/44.80.10**  
**Open M-Fr 9 a.m.-3:30 p.m., Closed SHAPE Holidays**

The Family Support Center is a central referral and information center. Here is a list of services offered:

Emergency Financial Assistance or AIR Force Aid (Army Relief Fund)  
 Respite Care (provide a break for AD families who need support)  
 Great Expectations (Bundles for Babies)  
 Individual Consultations (for job seekers), Resume Writing and  
 Local Employment Workshop  
 Interviewing Skills Workshop, and Employment Bulleting Board  
 Sponsorship Resource Program  
 Personal and Family Readiness Programs to include Readiness Kits,  
 Video Tele-Conference Capability, Learning Resource Center,  
 Key Spouse Program, and Air Force 101 Workshop.

*If you would like to volunteer in the community, give us a call and get signed up.*

### ARMY COMMUNITY SERVICE DSN 423-5324

**Financial Responsibility and  
 Checkbook Maintenance**  
 January 13, 1-2 p.m.

**Saving and Investing**  
 February 8, 9-11:30 a.m.

**Transition Service Members  
 Replacing your Benefits**  
 February 15, 9-10:30 a.m.

**How to Become a Millionaire on  
 Military Pay**  
 March 1, 9-11 a.m.

**First Term Financial Readiness**  
 Wednesday, March 22,  
 8:30-11:30 a.m.

**W.E.B Office**  
 Hotel Le Maisieres  
 DSN 423-6252 CIV 065/44.62.52  
 Open M-Fr 9 a.m.-Noon  
 Closed SHAPE Holidays

"Welcoming Everyone to Belgium" is designed to give community members and newcomers the chance to meet with each other for support, communication and assistance. The office is located near the American Lounge and is open Monday through Fridays from 9 a.m.-noon.

### ARMY COMMUNITY SERVICE

**Rendez-vous with French!**  
 Hotel Le Maisieres  
 W.E.B. Office  
 DSN 423-7598 CIV 065/44.75.98  
 Looking for some basic French language skills? Let ACS help with this free class for beginners. The class is scheduled on January 18 and February 15 from 9:30 a.m. until noon.  
*Registration is required.*

### ARMY COMMUNITY SERVICE FOR ALL COMMUNITIES

**Military Spouse Preference Choice Program**  
 This is DoD program to lessen the employment and career interruptions of spouses who relocate with their military sponsors and applies to spouses of active duty military members of the U.S. Armed Forces, including the U.S. Coast Guard and full-time National Guard, who desire priority consideration for competitive service positions at DoD activities in the U.S. and its territories and possessions. Chapter 14 of the PPP Operations Manual contains specific information on registration in this program. For more info: [www.hqusareur.army.mil/htmlinks/Press\\_Releases/2004/nov2004/05nov2004-02.htm](http://www.hqusareur.army.mil/htmlinks/Press_Releases/2004/nov2004/05nov2004-02.htm)

### ARMY COMMUNITY SERVICE FOR ALL COMMUNITIES

**Army One Source** Army One Source is a one-stop shop for military and community resources, online information, newsletters and workshops, free booklets, audio recordings, and written foreign language translations. AOS is free for community members and it is available 24 hours a day, 7 days a week, no matter where you live and work. AOS has consultants who speak English, German, French and Spanish and offer simultaneous translation into more than 150 other languages. Phones are TTY/TDD accessible. Go to [www.armyonesource.com](http://www.armyonesource.com), User ID: army, Password: onesource. From Belgium, Netherlands, or Germany call 0080046481077. TTY/TDD 1-800-346-9188, call collect from Europe by dialing 0014845305889.

**Digital Senders** have been purchased for the 80<sup>th</sup> ASG Army Community Service (ACS) Centers at SHAPE and the 254<sup>th</sup> BSB (Schinnen). Brussels is expected to get a Digital Sender after the first of the year. These Digital Senders allow ACS to send digital copies of documents to AOS, where they will be translated into the language of your choice. The translations are returned within 24-48 hours. Translate orders, financial documents, medical records, and much more at no cost. Files are sent to e-mail addresses in the pdf file format.

**Spouses to Teachers** is a pilot program of the Department of Defense. It is designed after the highly successful Troop To Teachers program. The purpose is to assist spouses interested in a teaching career. The primary focus of this program is to provide the necessary guidance and information to help interested spouses understand the requirements involved in become a state-certified teacher, the routes to certification, and much more. To learn more go to: [www.SpousesToTeachers.org](http://www.SpousesToTeachers.org).

**Army Family Action Plan (AFAP)**  
 Look for upcoming information in your community on when and how to submit issues to the annual AFAP conference. Suggest ways to improve the quality of life within the Army or your military community. Get involved and improve everyone's quality of life.

## BENELUX FINANCE OFFICE COMMUNITY UPDATE

New Additions to MyPay. Active duty members can now view 12 months of LES data. Members are now able to start, stop and change financial allotments, and Restricted Access Personal Identification Number (RAPIN) allows the MyPay member to provide a spouse or trusted individual with a view-only PIN. This is a great tool for deployed members. Go to <https://mypay.dfas.mil>

Travel Updates. Traveling by Permanent Change of Station (PCS) on PCS orders in a Privately Owned Conveyance (POC) each member is now authorized to be paid a mileage allowance of \$.15 per mile, even if a passenger, per the changes in the JFTR (216)/JTR (470). Standard CONUS per diem rate is increased to \$91 per day (\$60 for lodging/\$31 for M&IE) effective October 1, 2004 per the changes to the JFTR (216)/JTR (470).

Soldiers Time Training. Reminder: Military Pay and Travel Pay is closed on Thursdays for training. You May deposit travel vouchers in the drop box located in the hallway on Thursdays or any time you do not require one-on-one assistance from a Travel Clerk. Emergencies will always be serviced, but please plan accordingly.

Disbursing/Check Cashing is open 9 a.m.-5 p.m. and 9 a.m.-3 p.m. on Thursdays.

Stopping Combat Zone Entitlements. Each soldier returning from a Combat Zone will process through finance for a one-on-one review. We will monitor the changes but ask that units and individuals do a cross-check to ensure accuracy.

BFO Closings. BFO is closed January 17 for Martin Luther King Day. There will be minimal manning on January 14 (the Friday preceding). Units can contact the BFO for emergency issues as needed.

Special Leave Accrual. Section 701f, title 10, United States Code (10 USC 701F) provides special leave accrual to soldiers who meet the criteria. Stop by SHAPE BFO for more details.

### EDUCATION CENTER

Bldg 212, Rm 130, SHAPE  
DSN 423-3466 CIV 065/443466  
Open M-Th 11 a.m.-3 p.m.  
Fr -(Open at NSA Brussels)

#### French HEADSTART

Free introduction to the French language. Class begins February 14 from 1:30-4:30 p.m. Call to register.

#### University of Phoenix

DSN 423-4645  
Get an MBA or MAED (Education)  
Registration through January 14

#### University of Oklahoma

DSN 423-3654 (SHAPE)  
DSN 364-6003 (Treebeek)  
DSN 458-6098 (Geilenkirchen)  
Email [apshape@ou.edu](mailto:apshape@ou.edu)  
At SHAPE on Mondays, Wednesdays and Fridays at NSA Brussels on Tuesdays and Thursdays. Go to website [www.ed.umuc.edu](http://www.ed.umuc.edu) for a complete schedule. Offering the University of Oklahoma Outreach Master's Degree. Go to [www.goOU.ou.edu](http://www.goOU.ou.edu) for more information.

### LANGUAGE CENTRE

Bldg 211, SHAPE  
Open M-Fr 8:30 a.m.-5 p.m.  
Classes M-Fr 9 a.m.-8:30 p.m.  
Closed SHAPE Holidays

Open to SHAPE ID card holders  
16 years and older.

Language courses in English, French and a variety of other languages to include Danish, Dutch, German, Italian, Greek, Polish, Portuguese, Spanish, Turkish, and Russian.

#### Discount Provided

Dependent newcomers receive 50% off the first French or English beginner course-if they sign up within their first six months following the initial date of arrival.

#### Next Session

Spring term is February 14 to June 17. Enrollment for current students is January 24-28 and enrollment for new students is January 31 to February 4. Hours for enrollment are: 9 a.m.-12:15 p.m., and 1-4 p.m. To take a placement test, please call DSN 423-4971 to schedule a test appointment. Space is limited and first-come, first-served. Payment is in cash Euros.

### English to French

Days of the week, seasons and months are not capitalized in French.

#### Months of the year in French.

January	<i>janvier</i>
February	<i>fevrier</i>
March	<i>mars</i>
April	<i>avril</i>
May	<i>mai</i>
June	<i>juin</i>
July	<i>juillet</i>
August	<i>aout</i>
September	<i>septembre</i>
October	<i>octobre</i>
November	<i>novembre</i>
December	<i>decembre</i>

#### Days of the week in French.

Monday	<i>lundi</i>
Tuesday	<i>mardi</i>
Wednesday	<i>mercredi</i>
Thursday	<i>jeudi</i>
Friday	<i>vendredi</i>
Saturday	<i>samedi</i>
Sunday	<i>dimanche</i>

#### Seasons of the year in French.

Spring	<i>le printemps</i>
Summer	<i>l'ete</i>
Autumn	<i>l'automne</i>
Winter	<i>l'hiver</i>

**CHILD AND YOUTH SERVICES**

Central Registration (All Youth)  
Bldg 209, SHAPE  
DSN 423-3874/4324  
CIV 065/44.38.74  
Open M-Fr 8 a.m.-5 p.m.  
*Annual membership fee and registration are required for youth to participate in CYS programs and services. You must bring a recent health assessment and immunization record in order to register.*

**Child Development Centre**

Bldg 616, SHAPE  
DSN 423-4810/5613  
CIV 065/44.48.10/56.13  
Open M-Fr 7:30 a.m.-6:30 p.m.  
Hourly Care M-Fr 8:30 a.m.-5:30 p.m.

The CDC offers child care for children from 6 weeks to 5 years of age.

**Youth Services Tween Centre**

Bldg 503, SHAPE  
DSN 423-5613/5611/5789  
CIV 065/44.56.13  
Open M-Th 3:30-7 p.m.

**Youth Services Teen Centre**

Bldg 503, SHAPE  
DSN 423-5613/5611/5789  
CIV 065/44.56.13  
Open M-Th 3:30-7 p.m. and  
Fr 3:30-9 p.m.

**School Age Services (SAS)**

Bldg 602, SHAPE  
DSN 423-5980/5982  
Open M-Fr 7:30 a.m.-6:30 p.m.  
SAS offers out-of-school activities for youth grades 1-6.

**Sports Office**

Bldg 503 DSN 423-5856  
Sports Registration Bldg 209  
Open M-Fr 8 a.m.-5 p.m.  
DSN 423-3874/4328  
Session III: January 10 - February 3  
Soccer and baseball sign-ups begin February 1.

Girls Basketball. Season runs through March 5. Bantam Girls (age 10-12 yrs).

**Volunteer Coaches Needed**

Coaches are needed for Basketball, Cheerleading and Table Tennis. Head Coaches receive a discount on their children who are enrolled in CYS sports. Discount for first child is free, 50% for second child. Give CYS Sports a call, volunteer and make a difference in a child's life.

**CYS Instructional Classes**

Swimming, Ballet, Tap, Gymnastics, Violin, Piano, Guitar, Judo, Orchestra, Cello and Language Lessons.



Currently offering Youth Orchestra, Cello, English Classes, and Judo.

Sign-up in building 209 on SHAPE and bring a current Health Assessment and an up-to-date immunization record. There is a €12 annual fee to register.

**CYS PARENT ADVISORY COMMITTEE**

Located on SHAPE in building 209, Conference room on the last Wednesday of the month from noon-1 p.m.

ALL ARE WELCOME AND LUNCH IS PROVIDED

**SHAPE GIRL SCOUTS**

For girls ages 5-17 or Kindergarten to High School  
Email [shapegsa@skynet.be](mailto:shapegsa@skynet.be)

Girl Scout Cookies on Sale Now.

**SHAPE GIRL SCOUTS****Children's Theater Class**  
(children ages 5-9)

Currently all classes are full but there is a waiting list.  
Call DSN 423-3312 to sign up.

Disney's Beauty and the Beast coming in March.  
Look for audition dates.

**ACS NEW PARENT SUPPORT PROGRAM**

Bldg 318, SHAPE  
DSN 423-5324 CIV 065/44.53.24  
Open M-Fr 8 a.m.-5 p.m.  
Closed SHAPE Holidays

The following classes are held at the SHAPE Healthcare Facility in the 2nd floor conference room. For more information, call DSN 423-4263 or CIV 065/44.42.63

**Infant Massage Class**

Come to the Infant Massage Class on Thursdays in January, February and March from 11 a.m.-noon.

**Childbirth Education Class**

Learn what you can expect to experience before, during and after childbirth. This class includes 8 sessions on Wednesdays, 5-7 p.m. Call DSN 423-4263 for the next class dates.

**Breastfeeding Support Group**

Scheduled for January 11, February 15 and March 15, 11 a.m.-noon.

**Play Morning**

Scheduled for January 18 and 25 from 9-11 a.m. at the SHAPE Health Clinic, EDIS playroom located on the second floor.

**SHAPE CINEMA**

First run movies  
Adults € 5  
Children 11 and under €3

Other showings  
Adults € 4  
Children 11 and under €2

Films begin on time. Ticket sales begin 30 minutes prior to each showing. To view current movie Listing go to [www.shapeonline.net](http://www.shapeonline.net) or [www.aafes.com](http://www.aafes.com). To verify movie showing call DSN 423-5600 or 065/44.56.00 (up-to-date recording available 24 hours 7 days a week).





**COMMUNITY RECREATION****Community Activity Center (CAC)**

Hangar 4, Chievres Air Base  
Fitness Center & Library are also  
located in the CAC.  
DSN 361-5506 CIV 06827.55.06  
E-mail address:  
[Chievresactivitycenter@benelux.army.mil](mailto:Chievresactivitycenter@benelux.army.mil)

The CAC is available for private and  
official functions to include a variety  
of events from Holiday Bazaars to  
Birthday Parties.

**Fitness Center**

Chievres Air Base, CAC  
Open Mon-Fri 6 a.m. to 7 p.m.,  
Sa-Su 10 a.m. to 5 p.m.,  
Closed SHAPE holidays

Come work those holiday pounds off  
at the Chievres Fitness Center. And  
drop by on Wednesdays at 9:30 and  
attend a weight-loss support group  
provided by SHAPE Health Care.  
No need to sign up, just stop by and  
begin the first day of the rest of your  
life...the healthy way.

**Chievres Air Base Library**

Chievres Air Base, CAC  
Open T-Fr noon-7 p.m.,  
Sa 10 a.m.-5 p.m.  
Closed Sundays, Mondays and  
SHAPE holidays

The Library offers over 10,000 books,  
books on tapes, music discs, and  
movie VHS tapes and DVDs.  
Computers with Internet service is  
available. Copier available with free  
copies.

**International Library**

Bldg 307, Community Activity  
Center, SHAPE  
DSN 423-5631 CIV 065.44.5630  
Open M-W 9 a.m.-8 p.m.,  
Th-Fr 9 a.m.-6 p.m.,  
Sa 9 a.m.-5 p.m.

**SHAPE Library Events**

Children's Lap Sit Wednesdays  
Children's (0-24 months) Story Hour  
with songs, stories, and playtime,  
every Wednesday from 10-11 a.m.

Book Discussion Group  
"Page Turners" meet at 6 p.m. on  
the third Wednesday of each month.  
The selection for January 19 is  
Endurance. Light On Snow by Anita  
Shreve will be discussed on  
February 16.

**Library Gallery**

The library hosts a different artist  
each month. Come in and view these  
beautiful and creative art shows.

**HANDSHAKE TOUR**

Meet two authors for book signing  
and autographs at the  
SHAPE International Library  
80th ASG Chievres Library  
Brussels Library  
254th BSB Schinnen

Look for specific dates and times  
to be posted in your community  
or call the MWR office.

Talk and meet with:  
Carl Smith, Author  
Tina Wesson, Winner of Number 1  
TV Reality Show Survivor #2

**SHAPE BOWLING**

Bldg 502, SHAPE  
DSN 423-5697  
Bowl M-Th 11 a.m.-11 p.m.,  
Fr-Sa 11-1 a.m., Su and  
SHAPE Holidays noon-11 p.m.

**LEAGUES**

A 12-lane bowling center  
providing services for  
13 leagues, consisting of  
a women's league, a youth  
league, and an adult  
evening league.

**COSMIC BOWL**

Glow-in-the-dark bowling  
available Friday-Saturday nights.

**BOWLING SPECIAL**

Monday -Fridays  
11 a.m.-2 p.m. is €1/game.

**SUNDAY IS FAMILY DAY**

All games are €1.50

**SHAPE HOLIDAYS**

Bowl for €1.50 per game.

Stop by the Pro Shop for  
many choices in bowling  
equipment. Also offer  
drill press.

**SHAPE ARTS AND CRAFTS CENTRE**

Bldg 209, SHAPE  
DSN 423-4680  
CIV 065/44.46.80  
Office Open  
M-Th 8:30 a.m.-5:30 p.m. and  
Fr 8:30 a.m.-4:30 p.m.

The Arts and Crafts Centre is open  
and provides facilities, instructions  
and materials to meet creative needs  
of the community. The Centre  
features a ceramics studio, wood and  
framing shops, custom engraving,  
and classes on painting, drawing,  
flower arranging, quilting, basketry,  
jewelry, oil, watercolor, wood turning  
and much more. The classes are  
taught by an multinational staff and  
freelance instructors. The Arts and  
Crafts Centre is always looking for  
new ideas and/or talented community  
members interested in teaching  
a class. Give us a call today.

The following are list of some of our  
classes offered in the upcoming  
months. For a complete listing, stop  
by the Centre.

**Oil Painting**

Instructor: Derek Wilford  
€110 / 8 lessons  
(Materials not included)  
On Thursdays in January and  
February from 2-5 p.m., and  
on Tuesdays in January and  
February from 6-9 p.m.

**Watercolor**

Instructor: Derek Wilford  
€110.00 / 8 lessons  
(Materials not included)  
On Wednesdays in January and  
February from 6-9 p.m.

**Encaustic Art**

(Create unusual artwork using wax  
and a hot iron)  
Instructor: Ceciel Klappers  
€50.00 / 3 lessons  
(Materials not included)  
On Wednesdays in January  
from 9:30-11:30 a.m.

Looking for something for the kids to  
do during February school break?

How about an Arts and Crafts class?  
Give A&C a call for details.

**Planning a Ski Trip?**

Stop by the Library for websites and books on European skiing.  
[www.skifurther.com/belgium.htm](http://www.skifurther.com/belgium.htm) for information on skiing in Belgium...  
yes, Belgium...some peaks reach 650m (2100 ft)

## SHAPE ARTS AND CRAFTS CENTRE

### Easy American Country Quilting

Instructor: Cheryl Marchtinson  
€10/lesson (Materials not included)  
Most Mondays, Wednesdays,  
Fridays from 9:30-11:30 a.m.

You can choose to work on any project that interests you; however, here are some seasonal ideas for you to consider:

Lost Mittens Quilt 54"x 66"  
Christmas Place Mats 12"x18"  
Christmas Pillows-Various Styles

### Basketry

Instructor: Sharon Kieklak  
Call for dates and times.

### Pottery on the Wheel

Instructor: Judy Elvish  
€60/6 lessons  
(Materials not included)  
On Thursdays January 13, 20;  
February 3, 17, 24 and March 3  
from 6-8:30 p.m. And Mondays and  
Wednesdays from 9-11:30 p.m.

### Framing

On January 10-11 and January  
24-25 from 9 a.m.-noon.  
Cost €30/2 lessons.

### Mosaic

(36 tiles, glue and grout included)  
January 15, February 16 or  
March 9 from 10 a.m.-1 p.m. and  
January 26, February 23 or  
March 16 from 6-9 p.m. Cost is  
€25/lesson

### CERAMIC HOURS

M, Th 9 a.m.-5 p.m.,  
Tu-W noon-10 p.m., Fr 9 a.m.-3 p.m.  
Sa 10 a.m.-5 p.m.

### Children's Basic Ceramics

(age 8 and above) Materials included  
January 12, 19, and 26 from 4-6 p.m.  
Cost is €30/3 lessons.

### Adult Basic Ceramics

Materials not included. January 11,  
18, 25 and February 1 from 9 a.m.-  
noon and January 13, 20, 27 and  
January 3 from 6-10 p.m.  
The cost is € 30/4 lessons.

### Other Kid's Classes

#### Children's Mosaic

Instructor: Ida Christine Jenssen  
On January 15, February 26 or  
March 19 from noon-1:30 p.m.  
Cost is €14/lesson.

## SHAPE ARTS AND CRAFTS CENTRE



### Wood Shop

Open T-W 5:30-9 p.m.  
Sa noon-5 p.m.

### Wood Turning on the Lathe

Instructor: John Pierson  
€75.00 / 3 lessons (Materials not  
included) Wednesday Evenings in  
January and February from 6-9 p.m.

## Arts and Crafts Children's Birthday Parties!

Plan events like:  
Bisque Painting,  
Candle Making,  
Mosaic Wood Tile,  
Mug or Plate Painting,  
Swarovski Jewelry  
Making.

**Call DSN 423-4680  
for details.**

Check out the ceramic  
decorations and unique gift  
items available at the Arts  
and Crafts Centre.  
Make Arts and Crafts your  
first stop for gift shopping

## Auto Skills Centre

Bldg. 314, SHAPE  
DSN 423-4693  
Open T-Th noon-8 p.m.  
Fr noon-6 p.m.,  
Sa 10 a.m.-6 p.m.

Offering 14 work areas and 4 lifts.  
Welding, steam cleaning,  
wheel balancing, brake test, etc.

Stop by and check us out.

## OUTDOOR RECREATION CENTRE

Bldg 307, CAC, SHAPE  
DSN 423-5380  
CIV 065/44.53.80  
Open M-Fr 9 a.m.-5:30 p.m.  
Closed SHAPE Holidays  
Stop by today and pick up a price list!



Outdoor Recreation offers equipment rental and has everything you need for outdoor activities. Stop by and pick-up a complete listing, no matter what recreational event you are planning, whether it is for your friends, family or your unit. Some items that are available are ski equipment, mountain bikes, camping gear and heaters, tables, canopies, lawn sports equipment, large inflatable party entertainment items, grills and super cookers. For those interested, Outdoor Rec has hall-sized bingo machines available for rental. For customer convenience, Outdoor Rec accepts rental reservations by credit card over the phone.

**ATHLETICS PROGRAM**

Bldg 313, Rm 205, SHAPE  
 DSN 423-5325/4405 or  
 CIV 065/44.53.25  
 Open M-Fr 6:30 a.m.-8:30 p.m.  
 Sa-Su 10 a.m.-3:30 p.m.

Includes the Main Gym, Green Gym, Tennis Courts and Indoor Swimming Pool. The facilities offer basketball, volleyball, badminton, squash, racquetball, handball and 5-1-side courts, a 25-meter indoor swimming pool, an aerobic dance studio, two fitness centers, saunas, outdoor fields for soccer, football, rugby, baseball, softball, cricket, and tennis. Also available are personal trainers and a masseur.

**Indoor Pool**

Lane Swim M-Fr from 6:30-8 a.m., 11:30 a.m. 1:15 p.m. and M-Fr 5:30-7 p.m.  
 Open for all Sa-Su and holidays from 10 a.m.-3:30 p.m.

**Main Gym, Fitness Suite and Green Gym**

Open M-Fr 6:30 a.m.-8:30 p.m. and Sa-Su 10 a.m.-3:30 p.m.

**Fitness Introduction Class**

Fitness introduction is not a mandatory class but is recommended for users not familiar with the equipment. To sign up, call DSN 423-4247/5325.

**Circuit Training**

Begins January 5. Call for details.

**WOMEN'S RUGBY****HOME GAMES AT THE SPORTS PAVILION**

All games at 2:30 p.m.  
 January 15 SHAPE vs. Dendemonse  
 January 29 SHAPE vs. Antwerp  
 February 12 SHAPE vs. La Hulpe

**MEN'S RUGBY****HOME GAMES AT THE SPORTS PAVILION**

All games at 1:30 p.m.  
 January 30 SHAPE vs. Centre  
 February 20 SHAPE vs. Baitsfort 2

**COMMUNITY LEVEL BASKETBALL****HOME GAMES AT THE MAIN GYM**

January 29  
 Women vs. Wiesbade at 1 p.m.  
 Men v. Wiesbade at 3 p.m.

February 15

Women vs. Mannheim at 1 p.m.  
 Men vs. Mannheim at 3 p.m.

**Need a gift for your coach?  
 How about an engraved  
 plaque?**

**Engraving Service  
 Arts and Crafts Centre**

**Come see our selection of  
 wooden boxes, acrylic  
 awards and plaques.**

**INTERNATIONAL COMMUNITY CLUB**

Bldg 303, SHAPE  
 DSN 423-5129 CIV 065/44.51.29  
 Open for Self Service  
 Lunch M-Sa 11:30 a.m.-2 p.m.  
 Dinner M-Sa 5-8:30 p.m.  
**Stag Bar** Open M-W 4:30 p.m.-11 p.m. Disco Night is on Thursdays 4:30 p.m.-2 a.m., And open Fr 3:30 p.m.-1 a.m. with Happy Hour from 3:30-4:30 p.m.  
 Sa 4:30 p.m.-Midnight  
 The IC Club is available to rent for private parties and events.

**SHAPE PIZZA BOWL**

Bldg 502, SHAPE  
 DSN 361-5696 CIV 065/44.56.96  
 Breakfast M-Fr 8 a.m.-10:30 p.m.  
 Sa-Su 8:30 a.m.-11:30 p.m.  
 Lunch M-Th 10:30 a.m.-9:30 p.m.  
 F-Sa 11:30 a.m.-11 p.m.  
 Su 11:30 a.m.-9:30 p.m., and SHAPE Holidays Noon-8 p.m.

Come try a delicious pizza cooked in our new pizza oven and check-out our improved snack bar menu offering many new items to include Biscuits and Gravy, Tacos, Chicken Caesar Salad and French Toast.

**SHAPE OFFICER'S CLUB**

Bldg 903, SHAPE  
 DSN 361-4133 CIV 065/44.41.33  
 Dining Room Lunch M-Fr 11:30 a.m.-1:30 p.m. offering lunch buffet.  
 Steak Night Thursdays 7-9 p.m.  
 Ball Room is available for rental for receptions up to 500 people and for seating up to 350 people.

**Mons Bar**

Open M-Th 5-11 p.m., Fr 3:30 p.m.-midnight. Snack menu available until 9 p.m.

**O Club Events**

St. Valentine's Dinner.  
 Scheduled for February 12 at 7 p.m.

**SILVER SPOON-HQ Cafeteria**

Bldg 102, SHAPE  
 DSN 361-5114, CIV 06544.51.14  
 Open Breakfast M-Fr 7:30-10 a.m. Lunch 11:30 a.m.-2 p.m.  
 Café Bar open M-Th 9 a.m.-5 p.m. and Fr 9 a.m.-3:30 p.m.  
 The HQ Cafeteria offers a large variety of choices from sandwiches, to hot full-course meals and a large salad bar. Call in for a cup of coffee or tea, enjoy a good breakfast, have lunch with co-workers or try one of the great cappuccinos in a friendly and relaxed atmosphere.



# Prime Time Lounge

Daumerie Caserne

The PTL offers a lunch buffet from 11 a.m.- 2 p.m. Monday through Friday.

## Take-out lunch at the...

### PRIME TIME LOUNGE

Bldg 7 Daumerie Caserne  
DSN 361-5540 CIV 068/27.55.40

The PTL is open for lunch Monday-Friday from 11 a.m.-2 p.m.

The bar area opens Wednesdays-Fridays at 5 p.m. and Saturdays and Sundays at 7 p.m.

### Country Nights

Kick back and slide on your boots to enjoy a night of your favorite country tunes. Come on out to the PTL every 2nd Saturday of the month at 8:30 p.m.

### Karaoke Nights

Singing never sounded so good ... or least never sounded so much like fun. Come on out to Karaoke Friday nights at 8:30 p.m.



### Super Bowl XXXIX Party

Sunday, February 6 at 8 p.m.  
Lots of fun and lots of prizes to include a CD player and DVD player. Come out to PTL on any Sunday night during the football season and enjoy football on a big screen.



**For Take-out call:**

**DSN 361-6245 or 068/27.62.45.**

## PTL LUNCH BUFFET

The lunch buffet includes freshly prepared home-style cooked includes meats, vegetables, soup, salad bar, bread, fruits, and home-baked desserts.

Or just want an awesome Burger.

The PTL offers a delicious hamburgers or chicken burgers with fries or onion rings.

The PTL is serving lunch on a trial bases to determine if the community will use the service.

**SHAPE TRIPS AND TOURS**

SHAPE, Bldg 307  
Community Activity Centre  
DSN 423-3884  
CIV 065443884  
FAX 065845154  
Email: st&t@benelux.army.mil  
Open M-Fr, 10 a.m.-4 p.m.  
Closed SHAPE Holidays  
<http://www.Shapeonline.net>

Here is a list of trips upcoming for January and February.



**A WINTER EXTRAVAGANZA**  
15-16 JANUARY 2005

- RELAXING SPA THERAPY
- SWIMMING POOLS
- SAUNAS
- ALPINE SKIING
- CROSS COUNTRY SKIING
- HIKING

BUS LEAVES SHAPE AT 0900  
BUS RETURNS SHAPE AT 1700

PRICE: €170 PER PERSON/DOUBLE  
€192 SINGLE  
€75 CHILD AGE 4-12 YRS \*  
€40 CHILD UNDER 4\*  
\*WITH 2 FULLY PAID GUESTS

FOR MORE INFO  
CONTACT SHAPE  
TRIPS & TOURS  
DSN 423-3884

January 15-16

### A Winter Extravaganza in the Blue Ardennes

The Blue Ardennes is part of the beautiful EIFEL Nature Park of Belgium. During your stay, you have free access to the covered swimming pool, sauna and Hammam (baths incorporating steam and massage). For your well-being, the THALGO Beauty Farm proposes in a relaxing atmosphere: seaweed wraps, esthetic spa therapy, saunas, Turkish baths and facial care. Bath robes and towels are provided. Take advantage of the two guided hikes being offered: one on Saturday afternoon and one on Sunday morning. Weather permitting, you can use the ski slopes located within walking distance from the hotel to get some advance training before ski season. There are three alpine ski slopes and lots of cross country trails.

Price: €170 per person/double room; €192 single; €75 child 4-12\*; €40 child 0-4\*

**SHAPE TRIPS AND TOURS**

Let Trips & Tours make the most out of your time in Europe. They offer day, weekend, and week-long trips to destinations all over Europe for prices you can afford. Six Flags Europe and Aqualibi discount tickets are available. Although it is always best to come in to the office to book a trip, Trips and Tours now accept credit card reservations over the phone.

## Trips Coming in 2005!

February

12: Antwerp Diamond Museum  
19: Thermae 2000  
26: Birkenstock & Leather Store

March

5: London Day Trip  
18: Irish Pub Crawl  
19: Brugge & Ghent  
29: Aqualibi  
30: Het Loo & Van Gogh Museum

April

1-10: Spain  
2: Paris  
8-10: London Weekend  
16: Versailles  
17: Rhine River Cruise  
23: Delft & Keukenhof  
30: Loire Valley

May

15-16: Champagne Weekend

June

3-5: Normandy Weekend

July

25-29: Neustadt, Karlovy Vary and Prague

September

3: Champagne Tour

October 29 to Nov 5

Czech Republic, Hungary & Austria

November

11-13: Verdun WWI Weekend

December

10: Christmas in Rothenburg

**SHAPE TRIPS AND TOURS**

January 22

Luxembourg

Villeroy & Boch, Patton's Grave, Echternach. This exciting trip is full of diverse things to see and do in Luxembourg! Go from shopping, to sightseeing, to history. First stop of the day is at the Villeroy and Boch factory store in Luxembourg, where we will have an hour and fifteen minutes for shopping. Afterward, we will take a tour of the city of Luxembourg by coach. After the tour, you will be dropped off near the Royal Palace with free time to explore and to have some lunch. Later we will visit the American cemetery of Hamm and Patton's Grave. Then it's off to the charming city of Echternach for some free time. We will make one last stop in Bastogne for a visit to the Mardasson Monument...  
Price: €33

January 29

Monschau & Eupen

We will start our day with a trip to Monschau, one of the most charming towns in Germany. Walking through the town center is virtually a step back in time. You will see lovely medieval style buildings with quaint shops selling lace, handicrafts and their excellent locally produced mustard. After Monschau, we will drive to Eupen, Belgium, where we will have a guided tour of the Jacques Chocolate Factory, although the production line is not actually in operation on Saturdays. You will be able to taste and purchase some of Belgium's finest chocolate. We hope that you will enjoy this day!  
Price: €22

February 4-6

London Weekend

Join us for a wonderful weekend of exploring museums, sightseeing, and shopping. It may be a bit colder outside, but the crowds will be gone and you will not have to wait in the long lines of summer. We will arrive Friday, late morning and you will have 2½ days to have fun in London. Be sure to plan ahead to make the most of your weekend. Do not wait too long to sign up; this trip will go fast!  
Price: €167 per person/double or triple; €225 single room; €115 child 5-15 years\*; €50 child 0-4 years\*

\*Child reduction applies only when sharing a room with two fully paid guests.

**SHAPE TRIPS AND TOURS**

February 5-12 – (Carnival Break)

**Skiing in St. Veit, Austria**

We will be staying in the picturesque town of St Veit in Pongau, Austria where the views are breathtaking. You will have the chance to ski the entire Amada region. There are 150 ski lifts, mainly gondolas or 4-6 person chairlifts and 600 km of runs with guaranteed snow. Accommodation will be in small Gasthauses throughout the town of St Veit, and will comprise of half board (breakfast and dinner) and room with toilet and shower. Transportation is provided to and from the slopes everyday. If you have never skied before, this is your chance to learn. You will receive 4 hours of instruction a day with highly qualified instructors. If you do not need any lessons, the days will be yours to ski as long as you wish. At night, optional entertainment is offered. If you would like to take a day off from skiing you can take the train into Salzburg to see this beautiful city. Enjoy!

Price: Double room: €585 pp;

Single room: €605 pp;

Child 5-10 yrs in double room with two fully paid guests: €525;

Child 0-4 yrs in double room with two fully paid guests: €225

February 8

(Tuesday-school break)

**Disney Studios [France]**

It's the Pre Lenten school break; the kids are bored and looking for something to do. Here is the perfect solution ~ Walt Disney Studios at Disneyland Paris. The Walt Disney Studio Park is where the imagination of Disney takes guests on a behind-the-scenes interactive discovery of film, animation and television and puts them right in the heart of the action. Some shows invite you to witness a live studio production and maybe even be part of the show!

Price: TBA

February 10

(Thursday-school break)

**Ice Skating in Tournai**

Family fun day, skating in Belgium. Trip includes transportation and skate rental. Price: €19

**SHAPE TRIPS AND TOURS**

March 25-April 2 (Spring Recess)

**Caribbean Cruise**

Florida, Puerto Rico, St Thomas, St Croix, and the Bahamas! We depart SHAPE for Brussels Airport and our flight to Miami, via Washington DC. You will spend the first night in a nice hotel in Miami and will be transferred the next morning to the MSC Opera, where your luggage will be waiting for you in your luxurious cabin with a sea view. Enjoy the dining experiences on board, including six course dinners with a choice of meat, fish or vegetarian, along with fresh fruits, vegetables and cheeses. During our week long voyage, you'll discover the exclusive beaches of the Caribbean, the beautiful islands of Puerto Rico (San Juan), St. Thomas, St. Croix and the Bahamas. You'll spend two days on high sea. Enjoy the sun or use the fitness center, swim or take an aperitif in the open air restaurant, shop tax free, or just relax and do absolutely nothing! Price: €1695 pp in a double cabin; €1349 pp in a triple/quad cabin; €2475 pp in a suite; €695 per child age 3 to 11\*; €849 per child age 12 to 18\*

**SHAPE TRIPS AND TOURS****April 1-6****NEW YORK CITY!**

By popular request, SHAPE Trips and Tours is going to New York City! Our four\*\*\*\* hotel is located in the heart of Manhattan, so when the sun goes down and the lights go up on the Great White Way, you can be right there. Within walking distance of the hotel is Rockefeller Center, Carnegie Hall, Fifth Avenue, Times Square and New York's celebrated theatre district, shopping, fine dining and other world famous attractions are also accessible, including the Museum of Modern Art, Madison Square Garden, Empire State Building, United Nations, Radio City Music Hall, Museum of Radio and Television and Lincoln Center.

Price: €1229 pp in double room;

€1549 single room;

€1339 pp in triple room;

€1174 pp in a quad room;

€1134 per child

2-11 years \*;

€ 264 per child

0-1 year \*

\*Child reduction applies only when sharing a room with two fully paid guests.





## HEALTH NEWS FOR THE COMMUNITY



*Important health programs you should be aware of this year, and every year.*

**Flu Vaccination Update** - As you may have heard, influenza vaccine supplies are severely reduced this season. High-risk patients, to include: children 6-23 months; adults older than 65 years old; those with chronic medical conditions; those who are pregnant; and those with children less than 6 months old, should consider contacting a local physician and requesting a flu shot. For the rest, please follow precautions to prevent the flu this season: avoid close contact with people who are sick, cover your mouth or nose with a tissue when coughing or sneezing, wash your hands frequently with soap and warm water especially after you cough or sneeze, and try to avoid touching your eyes, nose and mouth. Most importantly, if you have flu symptoms, stay at home and away from school and work.

**NSA Brussels Clinic** - Due to logistic and administrative requirements, the NATO Health Clinic in-processing sessions will be on Mondays at 9 a.m. only. If Monday falls on a holiday, the session will be on the following Wednesday at 9 a.m. For more info, call DSN 368-9717. If you need emergency care, please go to the Leuven (Gasthuisberg) emergency room or call 01634.39.00. If you need directions, please pick up a map from the front door at the NATO Health Clinic or from the MP desk.

### **Health Clinics Point of Contact Information**

SHAPE Health Care Facility DSN 423-5886 CIV 065/44.58.86  
OPEN M-W, and F 8 a.m.-5 p.m. , Th 1-5 p.m., and Sa-Sun 8-10 a.m. (walk-in)  
POC for the Clinic is Patient Administration at 423-5886

Geilenkirchen Health Care Facility CIV 02451.99.33.02  
Open M, W, Fr 7:30 a.m.-5 p.m. , T 7:30 a.m.-4 p.m., and Th 7:30 a.m.-noon

NSA Brussels Health Care Facility  
DSN 368-9500/9501  
CIV 02717.95.00/95.01  
Open M-W, Fr 8 a.m.- Noon, M-Th 1-4 p.m., Fr 1-3 p.m.

[http://www.brussels.army.mil/health\\_clinic.htm](http://www.brussels.army.mil/health_clinic.htm)

Medical in-processing is by appointment only (please call HBA, Civ 02/717-9503 or DSN 368-9503). This includes TRICARE enrollment for the European Region.

**World HIV/AIDS Awareness Day** - December 1 was World HIV/AIDS Awareness Day. Worldwide it is estimated that in 2001 there were 800,000 children under the age of 15 newly infected with HIV. Do you feel prepared with the knowledge to discuss HIV and AIDS with your children? If you would like to know the facts about HIV/AIDS transmission and prevention, please phone the American Red Cross at DSN 423-4008 to schedule an HIV/AIDS education class. Instruction may be arranged in a variety of languages. After you have increased your knowledge and comfort level with the subject, perhaps you will want a class for your children, too.

**Lose Weight and Get Healthy - SHAPE COMMUNITY Only**  
Many people make New Year's resolutions and prepare to improve their life and lifestyle. There is no need to wait until the new year, if you desire to lose weight! The first Wednesday of each month from 10-11 a.m., there is a weight loss class provided at the SHAPE Healthcare Facility. Additionally, there are several different weekly weight-loss support groups available to you at any time. These weight loss groups meet on Fridays from 9-9:30 a.m. at the clinic, Wednesdays from 9-9:30 a.m. at the Community Activity Center located on Chievres and on Thursdays (men only) 5-5:30 p.m. at building 342 on SHAPE. Each meeting allows weigh-ins the first 15 minutes followed by 15 minutes of information and group support.

## VICTIMS OF ABUSE EMPOWERED TO GET HELP WITH SUPPORT OF NEW MILITARY PROGRAM

For many members of the community, this holiday season brings yet another picturesque family Christmas. But for victims of domestic violence, there will be no joy or peace. Domestic violence knows no holidays and many victims feel hopeless.

No one goes into a relationship expecting it to become violent, but it does happen. Once in a violent or emotionally abusive relationship, the cycle of abuse can make it very difficult to end. Families living overseas are more vulnerable to domestic violence than most. Abusers generally create a situation where the spouse believes he or she deserves the abuse. Often the victim becomes isolated, withdrawn and silenced by fear and desperation. You can help those experiencing domestic violence. If you witness an incident, or you know of a situation where domestic violence is occurring, please don't turn away. Studies show us that those who beat or abuse others, physically or emotionally, rarely do it only once—instead it occurs again and again. So, report the incident to Army Community Service's (ACS), Family Advocacy Program (FAP), or to the Military Police. FAP representatives are trained to provide the abuser and victim with quick and thorough social services support. You may worry that reporting does damage to a family. But it is quite the opposite. Abuse does the damage and if not stopped can last a lifetime. FAP helps the victim by teaching self-protective strategies and empowering the victim to ensure the cycle of abuse stops. The abuser is helped because FAP teaches skills aimed at controlling anger and dealing with stress and conflict.

In many instances, abuse victims and those witnessing abuse do not report it because they believe that reporting abuse will lead to more problems for the victim and families, like loss of income. Well, not any longer. The US military has a new program that empowers victims to get control over their lives. To combat domestic violence, the military now offers the "Transitional Compensation Program." This program provides monthly payments (from 12 to 36 months) to family members of service personnel who have been separated or discharged from military service due to domestic violence. It provides financial assistance protecting family members during this difficult and painful situation. For valid documented cases of domestic violence, the military now offers spouses and children no longer residing with the abuser, financial benefits to cover relocation, medical and dental expenses, monthly compensation payments, and Commissary and Post Exchange benefits for a period up to 36 months.

*A Quick Look at the Transitional Compensation Program: Financial Compensation for Abused Family Members Program provides monthly payments (from 12 to 36 months) to qualified family members. Family members of service members who have been separated or discharged or receive forfeiture of all pay and allowances because of domestic violence may qualify. Payments are intended to help recipients meet living expenses.*

*Commissary, Exchange, and MWR privileges continue with support. Some programs can be forfeited or lost; learn beforehand what can cause you to lose your benefits. Medical benefits are provided for the length of the entitlement period. Commanding Officers or Legal Officers must complete the application (DD Form 2698). You may complete the Direct Deposit Form. Compensation begins after the application has been approved by Army Headquarters. Payments are retroactive.*



***For more information and preventative counseling resources contact the ACS Family Advocacy Program in your community. ACS FAP is here to help break the cycle!***

**NSA Brussels**  
Bldg 4, Rm 322  
DSN 368-9693  
CIV 02717.9693  
Open  
M-Fr 8 a.m.-5 p.m.

**Schinnen**  
Bldg 39  
DSN 360-7500  
CIV 046 443-7500  
Open  
M-Fr 8 a.m.-4:30 p.m.

**SHAPE**  
Bldg 318  
DSN 423-5324  
CIV 065/44.53.24  
Open  
M-W, Fr 8 a.m.-5 p.m.  
Th 8 a.m.-3 p.m.



**Civilian Phone Code**

When dialing a military telephone number or DSN from a civilian telephone, convert the DSN prefix: Locate the DSN number and correct city such as 361-5904 (Chievres).

The civilian number would be 068 (city code) 27 (civilian prefix) 5904 (last 4 of DSN).

DSN	CITY	CODE	CIV	PREFIX
365	Brussels	02	7079	last 3
368	Brussels	02	7179	last 3
361	Chievres	068	27	last 4
366	SHAPE	065	32	last 4
423	SHAPE	065	44	last 4
360	Schinnen	003146	443	last 4
364	Schinnen	003145	526	last 4

For emergencies call:

Ambulance 112 (Netherlands/Belgium)

Fire 100 (Belgium)

Police 101 (Belgium)

SHAPE 065.44.33.33

MP on Base 114 (All Communities)

Poison Contraon-090-245245

**Important Community Phone Numbers**

AAFES	368-9789
AAFES NSA Brussels	361-5100
AAFES Chievres	360-7586
AAFES Schinnen	362-2359
Rotterdam Annex	

423-4121

**Armed Forces Network (AFN)**

AFN Radio Frequencies	101.7 FM
Brussels	107.9 FM
Chievres	104.2 FM, 106.5 FM
SHAPE	89.2 FM
Schinnen	

Cinema	
JFC HQ Brunssum	0031455262110
SHAPE	423-5600

Civilian Personnel Office (NAF) 361-5319

Commissary	
Chievres	361-5671
Schinnen	360-7513

**Computer Help Desk**

Brussels	368-9741
Chievres	361-5328
Schinnen	360-7403
SHAPE	423-7251

**Equal Employment Opportunity (EEO)**

Chievres/SHAPE/NSA	361-5057
Schinnen	360-7445

**Finance Office**

JFC HQ Brunssum	364-2829/2839
Brussels	368-9732
SHAPE	423-5211
Dial-a-Rate	423-3601
(SHAPE and NSA only)	

**Healthcare Facility**

Geilenkirchen	00492451993200
NATO (Brussels)	368-9500
SHAPE	423-5886

MWR Office	
Brussels	368-9753
Chievres	361-5246
Schinnen	360-1550
SHAPE	423-4269/4777

Public Affairs Office 361-5419

For non-emergencies call:

American Red Cross	
Geilenkirchen AB	00492451632068
SHAPE	423-4008

Military Police	
Brussels	368-9769
Chievres	361-5301
Schinnen	360-7555
SHAPE	423-3333/3334

[www.afnorth.nato.int](http://www.afnorth.nato.int)

Joint Force Command Brunssum

[www.afnorthlibrary.benelux.army.mil](http://www.afnorthlibrary.benelux.army.mil)

library source

[www.nato.int](http://www.nato.int)

Northern Atlantic Treaty Organization

[www.nato.int/structur/recruit/index.htm](http://www.nato.int/structur/recruit/index.htm)

NATO Brussels vacancies

[www.afno-is.eu.odedodea.edu](http://www.afno-is.eu.odedodea.edu)

AFNorth International School

[www.brus-ehs.eu.odedodea.edu/index.htm](http://www.brus-ehs.eu.odedodea.edu/index.htm)

Brussels International School

[www.shap-hs.eu.odedodea.edu](http://www.shap-hs.eu.odedodea.edu)

SHAPE International High School

[www.shap-es.eu.odedodea.edu](http://www.shap-es.eu.odedodea.edu)

SHAPE International Elementary School

[www.80asg.army.mil](http://www.80asg.army.mil)

provides information concerning the 80th Area Support Group

[www.shapeonline.net](http://www.shapeonline.net)

provides MWR information for programs and services available on SHAPE and open to the international community.

[www.brussels.army.mil](http://www.brussels.army.mil)

provides community event information for NSA Brussels community.

[www.afneurope.net/SHAPE](http://www.afneurope.net/SHAPE)

provides Armed Forces Network Europe information including news and special events information.

[www.us.army.mil](http://www.us.army.mil)

links to Army Knowledge On-line

[www.tricare.osd.mil](http://www.tricare.osd.mil)

links to US DoD Health Care System

<https://mypay.dfas.mil/mypay.aspx>

manage pay information, leave and earning statements and more

[www.chrma.hqusareur.army.mil](http://www.chrma.hqusareur.army.mil)

provides information on General Schedule and Non-appropriated jobs in the BENELUX

[www.nato.int/shape/community/civpers/office.htm](http://www.nato.int/shape/community/civpers/office.htm)

provides information on SHAPE NATO available jobs.

**Other Community Information Sources**

MWR Europe - Connection Magazine  
SHAPE MWR - Community Life Magazine  
80th ASG PAO - Meteor-Heraut (formally known as the Benelux Meteor)  
JFC HQ Brunssum - Northern Star  
The Brussels Weekly - U.S. Embassy weekly newsletter.

**Travel Information**

For online links to European travel sources to include SATO Travel Europe, Armed Forces Vacation Clubs, train and bus schedules, visit [www.80asg.army.mil](http://www.80asg.army.mil) and click on Community and then Travel. Happy Trails!



Do you know about ICE online?

The Interactive Customer Evaluation (ICE) system is a web-based customer evaluation tool provided throughout the Department of Defense (DoD). Rate your praises or concerns about a facility or program and get quick feedback. Read site reports to find out what others have shared, too! Facility managers want to hear from you, so use ICE and provide feedback. Web site:

<http://ice.disa.mil/>



## School Liaison Officers in Place to Bridge the GAP



### SHAPE/Chievres

Jan Fillman  
SHAPE Teen Center  
DSN 423-5789

### NSA Brussels

Bill Greenawald  
NSA Building  
DSN 368-9660

### Schinnen/JFC HQ Brunssum

Marilyn Carver  
Schinnen Sports Complex  
DSN 360-7305

School Liaison Officers or "SLOs" provide support to our Department of Defense Dependent Schools within the 80 Area Support Group. SLOs work directly for the Child and Youth Services (CYS) and are located in SHAPE, Schinnen, and Brussels communities. The SLO focus is on providing a communication link between schools, parents and other community members and facilitating partnership in education opportunities and school transition support services. Additionally, the SLO is actively involved with community committees that support our youth and their parents. The SLO represents the 80<sup>th</sup> ASG Command at School Advisory Council meetings, as well as Parent Teacher Student Association and Parent Teacher Student Organization meetings. To learn more about the schools in your community, go to the Department of Defense Education Activity website at [www.odedodea.edu](http://www.odedodea.edu) and click on the link for schools; then to the Isles District for SHAPE and NSA Brussels, or to the Kaiserslautern District for the JFC Brunssum (AFNorth) schools. Check in with your SLO for help and support with transition issues, school volunteer opportunities, and other opportunities to support schools and youth.

### Scholarships for College

Do you know that military members and Federal employees have access to millions of dollars in scholarship funds? The most frequent question parents ask is where can I find scholarships for college? The first step should be to research the Internet. There are several resources available to you that will assist you in finding those precious resources another source is to visit your High School Guidance Counselor. And a note to parents...many of the scholarship applications deadlines for the 2004/2005 school year expire in February. For a complete listing, go to <http://www.odedodea.edu/college/finAid.htm>.

Fischer House Foundation - (DEADLINE IS FEB 16, 2005) Program offers a scholarship to a college-bound military child at installations served by a commissary. The scholarships are open to qualified sons and daughters of U.S. military ID card holders to include active duty members, Reserve and Guard members, and retirees. <http://www.militaryscholar.org/>

General Henry H. Arnold Education Grant Program - The centerpiece of the Society's education initiatives is the General Henry H. Arnold Education Grant Program which provides \$1500 grants to selected sons and daughters of active duty, Title 10 AGR/Reserve, Title 32 AGR performing full-time active duty, retired, retired reserve and deceased Air Force members; spouses (stateside) of active duty members and Title 10 AGR/Reservists; and surviving spouses of deceased personnel for their undergraduate studies. [http://www.afas.org/body\\_grant.htm](http://www.afas.org/body_grant.htm)

Office of Postsecondary Education - Includes comprehensive information about federal student aid at the Office of Student Financial Assistance Programs web site, including the Free Application for Federal Student Aid and the Federal (Title IV) School Code Search page. There's also information on HOPE Scholarships and other education tax credits and provisions, as well as links to other higher education resources for students. <http://www.ed.gov/>

TROA - Interest Free Loan and Grant Program: The interest-free loans are renewable annually for up to five years of full-time undergraduate study. Assistance is available only to students who have not earned an undergraduate degree. The Interest-free loan and grant program provides \$3500 loans, which are renewable for up to five years of undergraduate study. Students selected as loan recipients and their sponsoring parent must sign a promissory note before funds can be disbursed. Loans are disbursed in two increments: one-half by early August and one-half by mid December. <http://www.troa.org/SpecialPromotions.asp>

FEEA, a 17-year-old nonprofit organization that helps federal employees and their families in need, provides annual scholarships to help federal employees or their dependents pay for college tuition. Over the years, FEEA has awarded more than \$3 million in college scholarships to federal and postal employees and their family members. Scholarships range from \$300 to \$1,500 per student, depending on the amount of federal employee donations received by FEEA through the Combined Federal Campaign. More info, go to <http://www.feea.org/>

### College Admissions 101 Brown Bag Lunch Series for Parents

Designed to help parents  
navigate the college  
admissions process.  
Workshops held in the  
Library Conference Room,  
SHAPE American High School  
from noon-1 p.m.

#### Dates

**January 20**

**Choosing a College**

**February 24**

**The Collage Application Package**  
**March 17**

**New Graduation**

**Requirements Class of 2008  
and beyond**

**April 15**

**Financial Aid and Scholarships**



## BETTER OPPORTUNITIES FOR SINGLE SERVICE MEMBERS (BOSS)

The military knows that young single service members have issues unique to their 20-something group. BOSS serves single young adults aged 18-25 including unaccompanied military members stationed overseas and single parents. These service members have a voice through BOSS, linking them with MWR staff and the Army chain of command.

Through BOSS, single military members contribute to improving their everyday way of life in the military, have fun, and create a positive influence on the world around them. BOSS committee members serve as 'think tanks' for a variety of single military member issues. They plan fun and innovative events that range from BOSS Day celebrations and summer concerts to weekend ski excursions. They volunteer many hours helping with other MWR programs and events geared to single service members. BOSS programs operate at each Army installation. Through BOSS, single service members know they have a voice in how they live, how they spend their leisure time and how they can affect the circumstances of their everyday lives in the military.

**NSA Brussels MWR/BOSS Program**  
**Bldg 4, Rm 306**  
**DSN 368-5343 CIV 02717.53,43**

Calling all single Armed Forces men and women! Better Opportunities for Single Service members (BOSS) is a program that aims to improve the overall quality of single service members' lives. It assists singles in planning recreation and leisure activities and gives them the opportunity to participate in and contribute to their communities. BOSS is open to all singles in the Armed Forces, regardless of your branch of service. Interested? Call 02707.53.43 or e-mail [Edward.Garcia@benelux.army.mil](mailto:Edward.Garcia@benelux.army.mil)

**254<sup>th</sup> BSB MWR BOSS Program**  
**JFC HQ Brunssum U.S. Delegation Building**

DSN 364-6141/3748 CIV 045 563-6141  
 BOSS Meetings are held every 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month at 2 p.m.

**SHAPE/Chievres MWR BOSS Program**  
**Community Activity Center, SHAPE**

DSN 361-5506 or DSN 423-3321  
 BOSS Meetings are held every 1st and 3rd Thursday of the month at 1:30 p.m.

### BELGIUM PUBLIC HOLIDAYS

1 January	New Year's Day
28 March	Easter Monday
1 May	Labor Day
5 May	Ascension Day
16 May	Whitmonday
21 July	National Holiday
15 August	Assumption Day
1 November	All Saints' Day
11 November	Armistice Day
25 December	Christmas Day

*If any of these holidays fall on a Sunday, the following Monday is the practiced holiday.*

## New to the community?

***Here are programs in the community that are available to newcomers that want to learn more about where they live and work.***

**80th ASG Newcomers Briefing** On Jan. 12, Feb. 9 get a complete overview of the military community on SHAPE/Chievres. Come to the Hotel Le Maisieres at 8:30 a.m. and find out more about your new neighborhood. The briefing is open to all US ID cardholders. Call CIV 065/44.43.32 for more details. After the briefing, all participants are treated to a free lunch thanks to our MWR commercial sponsor, "United Furniture".

**W.E.B. Office** "Welcoming Everyone to Belgium" is located in the Hotel Le Maisieres and open M-Fr 9 a.m.-noon. The W.E.B. office is an ACS outreach program connecting community members and providing assistance with services, activities and information about events in the local community.

**LAB** Learning about Belgium is a free newcomers' orientation offered by SHAPE to teach you about the Belgium culture. It is open to all SHAPE ID cardholders 12 years and older and includes a trip to Mons and a reception at the Mons town hall, hosted by the Mayor. Class is scheduled February. To sign up call CIV 065/44.42.69.

**Take the Bus** Meet outside the Hotel Le Maisieres after the Newcomers Brief and learn all about the Belgian Bus System on Jan. 12, Feb. 9.

**Take the Train** Explore the Belgian Train System on Friday, Jan. 28, Feb. 25. Trips are going to the markets at the Grand Place in Brussels where always something exciting is going on. To sign up call CIV 065/44.43.32.

**French HEADSTART** For SHAPE/Chievres community, Jan 10-21, 8:30-11:30 a.m., or Feb. 14-25, 11:30 a.m.-4:30 p.m., Bldg. 212, Room 130. HEADSTART is a 30 hour introduction to the French language and Belgian culture. Instructors are native speakers of French. The course is mandatory for all USAREUR soldiers E1 to O5. Other active duty military and adult family members may attend on a space available basis and openings may be filled by any member of the NATO/SHAPE community. There is no fee and a textbook is provided. You may make phone reservations for any of the course dates listed above by calling the Education Centre at SHAPE, CIV 065/44.34.66.

**Rendez-vous with French** This class is designed to teach you some key words and phrases in the French language and to give you tips about local customs. It is not a substitute for a language class but can give you tips where to find the best classes in the area. Next classes will be on Jan 18, Feb. 15 at the Hotel Le Maisieres from 9:30 a.m.-Noon. Sign-up for this free introductory class at CIV 065/44.75.98 or CIV 065/22.60.48.

**Language Center** Provides language training in English and French and in a variety of other languages namely Dutch, German, Greek, Italian, Spanish, Polish, Portuguese, Turkish and Russian. This is a wonderful opportunity to learn another language and if you sign up within your first six months in the community receive a 50% discount. Language class enrollment for new students starts Jan. 31 until Feb. 4. The spring term for all language classes starts Feb. 14 and ends June 17. The Language Centre is located on SHAPE in building 211. Call CIV 065/44.4971 for more info.

**Job Opportunities Workshop** Every Wednesday morning the ACS Employment Readiness Program (located in building 318, room 118, SHAPE) offers a workshop to assist family members in their job search and career development. The ACS Employment Readiness Program works closely with the Civilian Personnel Advisory Center representatives to provide a full range of employment related services from building a resume and working with Resumix to giving you tips for a smooth job interview. Active duty service members, civilian employees, spouses, retirees, surviving spouses and family members (to include youth) are eligible to use these services. To register call CIV 065/44.4904.

**Cultural Adaptation Trip** Call ACS at CIV 065/44.43.32 to find out details on the next trip scheduled for Jan 15 and Feb. 12. Trips vary depending on the season ... look for trips to the one of the Belgian breweries or how about shopping at a discount or outlet Warehouse and furniture warehouse visit. Let ACS introduce you to the Belgian culture.

**Lending Locker.** Call ACS at CIV 065/44.43.32 to borrow items while moving. Locker is located on SHAPE in building 318 and offers many useful items, including vacuum cleaners, until your items arrive from the U.S.A. or from your last PCS.



## New to the community?

*Here are programs in the community that are available to newcomers that want to learn more about where they live and work.*

### **NSA/BRUSSELS COMMUNITY**

**NSA Newcomers' Briefing** is offered quarterly. Key agencies will give you an overview of programs. Visits are planned to a local food store and a hospital. Next Newcomers' Briefing is planned for Jan. 18-20. Get an overview about agencies and programs in Brussels in Part I on Jan. 18, 8:45 a.m.-2:30 p.m. In part II on Jan. 19 from 9:30 a.m.-Noon tour the Leuven Hospital, and in Part III explore Delhaize in Kaainem on Jan. 20 from 9:30-11 a.m. Reserve your seat at CIV 02717.9729.

**Metro Madness class** Learn how to use public transportation in Brussels, then participate in a field trip to put newly learned knowledge to the test. Next classes are Jan. 7, Feb. 18 from 9:30 a.m.-2:30 p.m. Call ACS at CIV 02717.9783 to sign up.

**Relocation Lending Closet** Useful items kits are available to borrow for those of you relocating whose household goods are in transit. The ACS Lending Closet now has microwaves for in/outbound personnel, which can be checked out for up to one month. Please note we operate by appointments only. For details contact CIV 02717.9783.

**French HEADSTART** For NSA/Brussels Community, the next class is Feb. 28 – Mar. 11 from 9 a.m.-noon. HEADSTART is a 30 hour introduction to the French language and Belgian culture. Instructors are native speakers of French. The course is mandatory for all USAREUR soldiers E1 to O5. Other active duty military and adult family members may attend on a space available basis and openings may be filled by any member of the US/NATO community. There is no fee and a textbook is provided. You may make phone reservations by calling the NSA Education Centre at CIV 02717.9704.

**Job Information Board** If you are looking for a job, the ACS Employment Readiness Program maintains a list of job vacancies in the region. Vacancies are posted on the Job Announcement Board, located next to the ACS Employment Readiness Manager's Office, Room 326 (NSA Bldg 4, top floor). Application forms and other useful handouts are available through the ACS Employment Readiness Program. For more information call CIV 02717.9783.

**Free Computer Classes** offered by ACS including Microsoft WORD, EXCEL, OUTLOOK and POWERPOINT. Next classes are Jan. 24-26 and held at the Community Computer Lab. Call to sign up CIV 02717.9735. For information to any of the programs listed above please check out also our website at: [www.brussels.army.mil](http://www.brussels.army.mil)

### **254<sup>th</sup> BSB COMMUNITY**

**Newcomers' Briefing** Learn about housing, local bill pay system, medical care and everything there is to know in your new community. The Newcomers Briefing is every last Friday of the month from 9 a.m.-3:30 p.m. at ACS. Next Newcomers Briefing is on Jan. 28, Feb. 25. Info at CIV 046443-7512.

**Newcomer Orientation Tour** Get to know activities at Schinnen, Treebeek, Brunssum and at Geilenkirchen Air Base with other newcomers! The orientation includes gives driving tips, best routes, local history, finding things, shopping tips "getting lost" prevention, historical sites and museums, Restaurants and more...For dates and Info call DSN 360-7512 or CIV 046 443-7512.

**Dutch HEADSTART** Headstart is an introductory course in the Dutch language and culture. Field trips to local areas can be included during the course dates. These classes are open to active duty military, family members, and anyone holding a military or NATO ID card (space permitting). Classes are normally held once a quarter from 9 a.m.-3:30 p.m. Monday through Friday. Sign up at the Education Center or call CIV 045 563-6060/6041 for more information.

**Finding Employment Workshop** Every Tuesday from 10 a.m.-noon ACS offers a workshop to help with interviewing and preparing to find a new job. In the afternoon from 2-4 p.m. learn how to create a stunning resume and how to work with Resumix to apply for government jobs with Hans on Resume/Resumix workshop. Sign up at CIV 046 443-7269.

*For more info to any of the above mentioned programs please go to our website at:*

[www.80ASG.ARMY.MIL/254website](http://www.80ASG.ARMY.MIL/254website)



# JFC Library



The JFC Library has an extensive collection of fiction and non-fiction books, magazines and newspapers in Dutch, French, German and English, DVD's, Audio Books, and music CD's.

Special materials are provided to support various training and educational programs in the community.

The library has a comprehensive reference section and periodical back files are available through online databases. A Children's annex is co-located and provides books, cassettes and reading programs for children of all ages during the summer. Internet use is free!

Customers are provided on a first come, first serve basis.

A photocopier and scanner are also available for your convenience.

**For more information call ext. 2669 or  
[www.afnorthlibrary.army.mil](http://www.afnorthlibrary.army.mil)**





4th Annual Winter

# Arts & Crafts FESTIVAL 2005

Sunday  
27 Feb, 2 - 6p.m.

- German bratwurst BBQ
- Greeting card design class
- Drawing / Painting classes
- Children's ceramic figure painting and much more!

To volunteer or for more info, call 045-526-2454  
Arts & Crafts Center, JFC HQ Brunssum

## Don't forget!

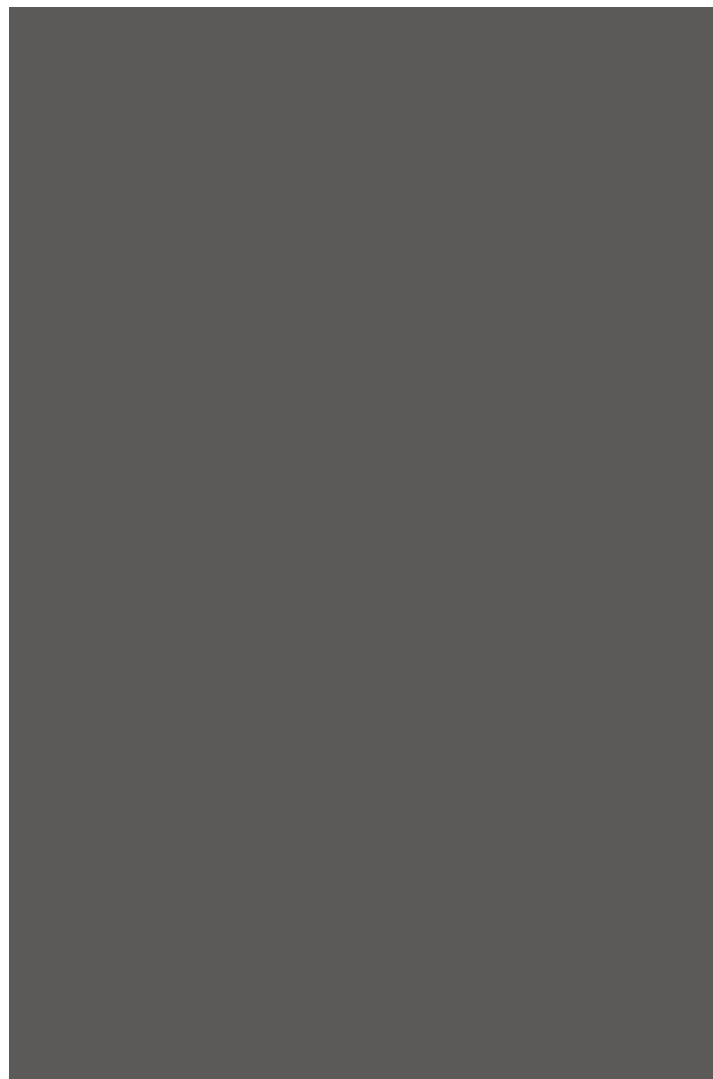
to pick-up the following community information sources:

### PUBLICATION ISSUE DATES

Meteor-Heraut  
January 14, January 28  
February 11, February 25

SHAPE Community Life  
January 20  
February 3, February 17

CONNECTION  
February 1, March 1



# Meteor-Heraut

Volume 22, Number 23  
Chievres • Schinnen • Brussels  
December 17, 2004

## The Holiday Season in the Benelux

### 60 years ago and today

*The rough ride through the Ardennes*

**Quick Read**

**Belgium**

**Remember Christmas**  
Time of giving seeks hosts to make single or unemployed service members to their home for a holiday meal. Contact: Mrs. Community Recreation Dec. 27, 1944 from the front lines.

**Help Cookies Elites**  
ACB at NSA in Brussels seeks ingredients for "The Cookie Elites" who are giving holiday cheer to the troops in the front lines. Contact: Mrs. Community Recreation Dec. 27, 1944 from the front lines.

**Netherlands and Germany**

**ACB registration hours**  
Beginning in January, the 254th Base Support Co. (Provisional) will have an administrative section and ACB registration and will be closed daily noon-2 p.m. ACB registration hours are Monday, Tuesday, 9:30 a.m.-noon, and 1-4 p.m.; Friday, 9:30 a.m.-noon, and closed Saturday, Sunday, and then only 10:00-12:00. 7322 or 31 46 443-7322.

**Recalling holidays during WWII**

**German lines at night during the Battle of the Bulge**

**Dec. 25, 1944**  
Christmas Eve, 1944, was a horrible day for many U.S. soldiers fighting in the Ardennes. The 7th Armored Div. drove its tanks and infantry men against German forces holding the vital crossroads of Marbay. The 7th Armored Div. was the only unit that was not equipped with fuel. Without fuel, the German forces could not move forward and the 7th Armored Div. was forced to retreat. The 7th Armored Div. was the only unit that was not equipped with fuel. Without fuel, the German forces could not move forward and the 7th Armored Div. was forced to retreat.

**Dec. 26, 1944**  
The 2nd Armored Div. took the essential crossroads of Grandmont. This operation against Grandmont was critical to sealing off the northwest shoulder of the Bulge. As with the nearby hamlet of Marbay, Grandmont was a key point for the German forces to move forward.

**See WWII on Page 4.**